

St. Alphonsus  
Middle School  
Cheer Tryout Packet  
2021-2022



## **Cheerleader Tryout Packet**

Dear Parents and Prospective Cheerleaders:

Thank you for showing interest in our cheerleading squad at SAS. We are very excited about next year and look forward to a successful season. Being a cheerleader is an honor and special privilege. As representatives of our school, our squad exists to promote wholesome, enthusiastic school spirit, and good sportsmanship. Because of these responsibilities, members of the cheerleading squad will be expected to uphold a higher standard of behavior both on and off campus, as well as always striving for academic excellence.

If selected as a cheerleader, many long hours will be required for practice, cheering at football and basketball games, fundraisers, and various other school activities. Please remember academics come FIRST, then cheerleading *for St. Alphonsus School*. Missing practice for other cheer squads, dance, sports, etc. is **not acceptable**. **If a student is currently a member of or intends to join a competition squad whose practices and/or competition dates conflict with the SAS schedule the student should reconsider trying out for the SAS squad. Please discuss this with Ms. Knapps prior to tryouts.**

All information that you need will be included in this packet. This cheer packet includes tryout details, important dates, and a tryout registration form.

### **Tryout Details**

- Candidates will try out at the end of their 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> grade year for the next school year.
- Tryouts are directed by the coach. No person of the SAS school staff or administration will score the candidates on their try-out performance. If any SAS faculty or staff is present during tryouts, they may be there to assist in calculating the judges' scores and escorting the candidates to and from each location.
- Tryout eligibility for the SAS cheerleading team is as follows:
  1. **Must be a registered student at SAS and have all financial responsibilities met.**
  2. Must have a 2.0 for the 3<sup>rd</sup> nine weeks. (2<sup>nd</sup> nine weeks will be reviewed if tryouts fall before the end of the 3<sup>rd</sup> nine weeks)
  3. Have mandatory permission slip forms turned in on time as stated.
  4. Attend all days of the mandatory tryout clinic to learn routines unless otherwise excused by the team coach.
- Previous team members **do have** to tryout each year.
- Candidates will wear shorts and shirts.
- Candidates will perform some or all of the following for the judges:

1. Individual cheer taught at clinic
  2. Group dance taught at clinic
  3. Group Chant taught at clinic
  4. Jumps
  5. Tumbling (worth bonus points)
- Candidates will be judged on the following:
    1. Communication skills (voice, facial expression, confidence, enthusiasm, crowd appeal, etc.)
    2. Motion technique (arm level, sharp motions, correct fists, etc.)
    3. Dance technique (sharp motions, keeps beat, expression, etc.)
    4. Jumps
    5. Tumbling (worth bonus points)
  - There is no set number of members on the team. Cuts are determined by a break in the total scores. There will be only one Varsity Team. There may not be any cuts if the students' scores fall within points of one another.
  - Tryouts results will be posted on the school website. Team members will be listed by tryout number.

Feel free to Contact Ms. Knapps at [knappspeyton@yahoo.com](mailto:knappspeyton@yahoo.com) with any questions.

Thanks,  
Peyton Knapps  
Middle School Cheer Coach

## **MIDDLE SCHOOL CHEER TIMELINE 2021-2022**

<b><u>MARCH</u></b>	<b><u>APRIL</u></b>	<b><u>MAY</u></b> TRYOUTS - MAY 5 <sup>TH</sup> , 6 <sup>TH</sup> AND 7 <sup>TH</sup>  FITTING – MAY 11 <sup>TH</sup> (\$95 REG DUE)  PRACTICE - TBD	<b><u>JUNE</u></b> PRACTICE - TBD
<b><u>JULY</u></b> CAMP – JULY 12 <sup>TH</sup> -14 <sup>TH</sup> AT SAS  ELEMENTARY CAMP – JULY 15 <sup>TH</sup> AND 16 <sup>TH</sup>	<b><u>AUGUST</u></b> PRACTICE BEGINS MID-AUGUST- MONDAYS	<b><u>SEPTEMBER</u></b> SUNDAY FOOTBALL GAMES BEGIN- USUALLY AFTER 1:30PM  GIRLS BASKETBALL GAMES BEGIN  PRACTICE- MONDAYS	<b><u>OCTOBER</u></b> SUNDAY FOOTBALL GAMES BEGIN- USUALLY AFTER 1:30PM  GIRLS BASKETBALL GAMES  PRACTICE- MONDAYS
<b><u>NOVEMBER</u></b> PEP RALLY- USUALLY THE SECOND WEEK IN NOVEMBER	<b><u>DECEMBER</u></b> PRACTICE- MONDAYS  BOYS BASKETBALL GAMES START	<b><u>JANUARY</u></b> PRACTICE- MONDAYS  PEP RALLY- BEGIN PRACTICING  BOYS BASKETBALL GAMES START	<b><u>FEBRUARY</u></b> PRACTICE- MONDAYS  BOYS BASKETBALL GAMES  PEP RALLY

## Middle School Cheer

### \*\*\*\*\*ESTIMATED COST\*\*\*\*\*

**\$95 Registration Fee – Due at cheer fitting on May 11<sup>th</sup> after school**

**\*\*\*\*\*Estimated cost for each girl\*\*\*\*\***

Camp wear/practice clothes	\$150 (order through Varsity Spirit)
Shoes	\$60 (ordered through Varsity Spirit or purchase any white cheer shoe)
UCA Camp	\$200
	<b>\$410</b>

***Optional items/new girls- All items ordered through Varsity Spirit except sweatshirt***

Bloomers	\$16
Bow	\$10
Cheer bag	\$57
Cheer sweatshirt	\$20 (ordered through Cross Threads in the fall)
Body liner	\$20
Uniform	\$134
Poms (1 Blue, 1 Gold, 1 Red)	\$13 each

Used uniforms can be purchased at half price from a former cheerleader!

\*\*Payments for cheer gear will be paid in Full to Varsity Spirit Fashions by May 17, 2021. Camp payment must be paid in full by June 1st.

### **Fee Dates**

**\$95 Registration Fee Due May 11<sup>th</sup>**

**Varsity Balance Due May 17<sup>th</sup> - (Online Payment-\$150-\$500 depending on what you order and if your daughter is a first year cheerleader)**

**\$200 Camp Fee due to school on or before June 1<sup>st</sup>**

**2021-2022**  
**Important Dates to Remember:**

**Mandatory Tryout Clinic:** Wednesday, May 5th (3:30 – 4:30)  
Thursday, May 6th (3:30 – 4:30)

**Cheerleading Tryouts:** Friday, May 7th (3:30 – 5:30)

Results will be posted on the SAS website athletics page. Coach will determine time the day of tryouts.

**Practice Clothes and Uniform fitting:** Tuesday, May 11<sup>th</sup> after school  
- \$95 Registration Fee Due

**Parent Meeting:** TBD

**UCA Camp-** July 12<sup>th</sup>-14<sup>th</sup> at St. Alphonsus

**Elementary Cheer Camp:** July 15<sup>th</sup> and 16<sup>th</sup>

**Practice Begins:** Practice will begin after tryouts. (Days of the week TBD) When planning for next school year, Middle school will practice every Monday after school, as well as, some Tuesdays and Thursdays prior to performances. If your child has another non-school activity on these days, they may need to reconsider trying out for the SAS squad.

**To register your child, please click the link below or go to the  
Athletics page on our school website.**

[https://docs.google.com/forms/d/e/1FAIpQLSdt2OvaeqZO8gf5\\_2wrZgq780JZL6oWEi-xarXuIo7NkdIXog/viewform](https://docs.google.com/forms/d/e/1FAIpQLSdt2OvaeqZO8gf5_2wrZgq780JZL6oWEi-xarXuIo7NkdIXog/viewform)