

St. Alphonsus Catholic School

Kaleidoscope Connection

Forming Faith and Future

August 13, 2020

Dr. Cynthia C. Ryals, Principal

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Welcome Back!

We have had a wonderful start to our school year. Many thanks go out to our wonderful faculty and staff who made the first day a great day to learn, laugh, and especially pray together! Thank you to all of our parents, grandparents, and students. Your support and prayers are greatly appreciated. Things may look a bit different with social distancing and face coverings, but the smiles still shine through it all.

Strategic Plan and Principal's Message

Dr. Ryals is going to share the strategic plan results and action plan as well as a welcome back principal's message. These videos will have some information for both new and returning families. The videos will be in a link sent out on Tuesday, August 18th via an email.

Carpool Signs

If you did not receive an official carpool sign for your car, please email Mrs. Toni at tcockerham@stalphonsusbr.org. Having the school issued sign helps our carpool duty teachers and keeps the lines flowing. Beginning Monday, if you do not have a sign in the window, we will ask that you report to the school office so Mrs. Toni can print one for you. We require that drivers have the official sign to assist our duty teachers.

Upcoming Events

- August 14 - No School Mass
- August 20 - School Pictures
- August 26 - Spirit Dress Day





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School Pictures

Students will be taking individual school pictures on Thursday, August 20th. The picture envelope will be sent home next week. Please send the envelope to school on the day of pictures.

COVID-19 Updates

We will continue to collaborate weekly with the Catholic Schools Office and the Our Lady of the Lake nurse and physician consultant team. In accordance with their professional medical advice, parents will be notified of any clusters of positive cases which might affect their child (two or more positive cases in the same classroom in close association). With the precautions we are taking (face coverings, distancing, frequent hand hygiene, frequent sanitization, exclusion of symptomatic students and those exposed to person with COVID) a student with a positive COVID test or a single student with symptoms is much more likely to have been the result of community (rather than school) spread. For this reason, we will not routinely notify parents in the case of a single symptomatic student or positive COVID test.

As previously stated, any child who misses school due to a positive COVID test or symptoms of COVID must be cleared by a physician in writing before returning. They will need to be 10 days from either the positive test or the start of symptoms, fever free for 24 hours without medication, and free of other COVID symptoms. Any child with a close exposure to someone diagnosed with COVID will need to notify the school and quarantine for 14 days. If that child never develops symptoms, they will not need a doctor's note to return after the 14 days.

Thank you for your continued support and partnership as we begin the 2020-2021 school year!

Afternoon Announcements/Change in Dismissal

If your child will be going home a different way than what is normal, please fill out the Change in Dismissal Form that is on the school website and send it to school with your child. This form eliminates the small notes that may get lost in the shuffle of the day. If for some reason you need to change the dismissal way once your child is at school, please call the school office before 2:45 p.m. for them to be placed on Afternoon Announcements.

Checkouts

Students will not be allowed to check out after 3:00 p.m. This is to ensure the safety of all students, teachers, and staff.



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Medication

At no time are students to have any medication, inhalers, cough drops, etc. on them or in their book sacks. Medication that needs to be taken at school will be kept in the office with proper documentation on file. Please contact Mrs. Toni in the office for those procedures.

Forgotten Items

In order to ensure the consistent flow of education, it is our policy that we will not call students out of class to pick up forgotten homework, notes, book bags, binders, etc. If you bring items for your child, they will be placed in the mailbox of your child's teacher for them to get it on their next break. Students will not be allowed to call home for forgotten items as well. Thank you for your understanding and cooperation with this matter.

Homework requests

Homework can be requested for your child when he/she is absent. Requests for homework should be done no later than 9:00 a.m. This will allow each teacher to add his/her notes and to avoid disturbing the classes. Homework can be picked up in the school office after 3:15 p.m.

Cafeteria News

I would like to welcome you back and thank you for supporting the St. Alphonsus cafeteria. We have had a great start to the year and have enjoyed seeing all of our students.

- **Meal Payments:**

Payments can be made using our online payment system at myschoolbucks.com. You can also pay by sending a check or money order to school.

- **Free/Reduced lunch:**

You can apply for free or reduced lunches at myschoolapps.com

- **Allergies:**

Students with a food allergy must have a completed form on file. This is a specific State required form (please see attachments)

For more information or if you have any questions please contact me at alphonsuscafe@diobr.org.

Carol Forbes

Cafeteria Manager



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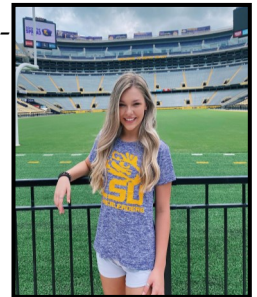
Counseling Corner

I hope everyone has had a great first full week back to school! I have enjoyed meeting the 1st thru 5th graders in Guidance Class this past week. In class, we talked about the role of the school counselor and the ways I can help in & out of the classroom. I am looking forward to Guidance Classes next week with the middle schoolers.

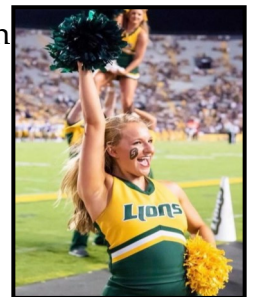
Back-to-school jitters are common with the start of any school year, but this year the worries might look a little different. The faculty and staff at SAS are here to provide continuous support to all students. If you feel that your student might benefit from one-on-one time with me, please submit the online referral form previously sent out or you can email me at mbueche@stalphonsusbr.org. Have a great weekend!

Alumni News

Congratulations to former student, Bailey Mitchell. Bailey made the LSU Cheer-leading Squad!



Congratulations to former student, Kamryn Fouts for making the Southeastern Cheer Squad for her 3rd year!



Congratulations to former student, Madison Ashford. She has committed to play college softball at Southern Arkansas University Tech.



AUGUST 2020



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 CHICKEN FILLET ON BUN GOLD FISH CRACKERS SALAD CUP ORANGE WEDGES MILK CHOICE	7 PIZZA BABY CARROTS Green Apple MILK CHOICE
10 CHICKEN TENDERLOIN CREAMED POTATOES RED APPLE WEDGES BISCUIT MILK CHOICE	11 HAMBURGER SALAD CUP PEARS MILK CHOICE	12 CHEESY BEEF PASTA STEAMED BROCCOLI W/CHEESE PEACHES MILK CHOICE	13 HONEY CITRUS CHICKEN FRIED RICE GLAZED BABY CARROTS PINEAPPLE MILK CHOICE	14 CORN DOG NUGGETS SALAD CUP ORANGE WEDGES MILK CHOICE
17 ITALIAN CHEESY BREADSTICKS W/MARINARA SWEET GREEN PEAS PINEAPPLE MILK CHOICE	18 CHILI CORNBREAD BOWL BABY CARROTS APPLE WEDGES MILK CHOICE	19 CALZONE SALAD CUP PEACHES MILK CHOICE	20 HAMBURGER SALAD CUP PEARS MILK CHOICE	21 PIZZA - CHEESE SALAD CUP ORANGE WEDGES MILK CHOICE
24 CHICKEN TENDERLOIN RED BEANS RICE ORANGE WEDGES BISCUIT MILK CHOICE	25 MACARONI & CHEESE STEAMED BROCCOLI PINEAPPLE MILK CHOICE	26 FLATBREAD PIZZA SALAD CUP RED APPLE WEDGES MILK CHOICE	27 JAMBALAYA WHITE BEANS WITH CURLY GREENS PEACHES MILK CHOICE	28 QUESADILLA SALAD CUP APPLESAUCE
31 SPAGHETTI W/ MEATSAUCE SEASONED CAULIFLOWER PINEAPPLE BREADSTICK MILK CHOICE				

Notes: Menus Subject to Change. All Meals Served with Choice of Milk.

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.



**LOUISIANA DEPARTMENT OF EDUCATION
SCHOOL FOOD SERVICE SECTION
PROTOTYPE – DIET PRESCRIPTION FOR MEALS AT SCHOOL**

Student's Name _____ Age _____

School _____ Grade/Classroom _____

Parent's Name _____

Address _____ Telephone (_____) _____
(Street or P. O. Box)

City _____ State _____

Does the student have a disability that requires a special diet? Yes _____ No _____

If Yes, describe the major life activities affected by the disability.
(See back of form for further information.)

If the student is not disabled, list the medical condition that requires special nutritional or feeding needs.

Diet Prescription (Check all that apply.):

- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Diabetic | <input type="checkbox"/> Increased Calorie _____ #kcal |
| <input type="checkbox"/> Food Allergy | <input type="checkbox"/> Reduced Calorie _____ #kcal |
| <input type="checkbox"/> Hypoglycemic | <input type="checkbox"/> Texture Modification |
| <input type="checkbox"/> PKU | Chopped _____ Ground _____ |
| <input type="checkbox"/> Other _____ | Pureed _____ Liquified _____ |
| | <input type="checkbox"/> Tube Feeding |
| | Liquified Meal _____ Formula _____ |

Foods Omitted and Substitutions

(Please check food groups to be omitted. Identify specific foods to omit and list foods to be substituted. If necessary, attach additional information or instructions regarding the diet or feeding.)

- | | | |
|--|---|---|
| <input type="checkbox"/> Food Groups to Omit | <input type="checkbox"/> Meat and Meat Alternatives | <input type="checkbox"/> Milk and Milk Products |
| <input type="checkbox"/> Bread and Cereal Products | <input type="checkbox"/> Fruits and Vegetables | |

Specific Foods to Omit

Specific Foods to Substitute

I certify that the above named student needs special school meals prepared as described above because of the student's disability or chronic medical condition.

Office Address _____ Office Telephone # (_____) _____

¹Licensed Physician/Recognized Medical Authority Signature

Date

¹Signature of Licensed Physician required if the student is disabled.

Definition of Disability

Definitions

As used in this part, the term or phrase:

(l) *Student with disabilities* means any person who has a physical or mental impairment which substantially limits one or more major life activities, has a record of such an impairment, or is regarded as having such an impairment.

(j) *Physical or mental impairment* means (1) any physiological disorder or condition, cosmetic disfigurement, or anatomical loss affecting one or more of the following body systems: Neurological; musculoskeletal; special sense organs; respiratory, including speech organs; cardiovascular; reproductive; digestive; genitourinary; hemic and lymphatic; skin; and endocrine; or (2) any mental or psychological disorder, such as mental retardation, organic brain syndrome, emotional or mental illness, and specific learning disabilities. The term *physical or mental impairment* includes, but is not limited to, such diseases and conditions as orthopedic, visual, speech, and hearing impairments; cerebral palsy; epilepsy; muscular dystrophy; multiple sclerosis; cancer; heart disease; diabetes; mental retardation; emotional illness; and drug addiction and alcoholism.

(k) *Major life activities* means functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning and working.

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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 400 Independence Avenue, SW,
Washington, D.C. 20250-9410;

Fax: (202) 690-7442; or

Email: program.intake@usda.gov.

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