

St. Alphonsus  
Varsity Cheer Tryout  
Info Packet  
2023-2024



## Varsity Cheerleading Squad Tryout Info Packet

Dear Parents and Prospective Cheerleaders:

Thank you for showing interest in our cheerleading squad at SAS. We are very excited about next year and look forward to a successful season. Being a varsity cheerleader is both an honor and a privilege. As representatives of our school, our squad exists to promote wholesome, enthusiastic school spirit and good sportsmanship. Because of these responsibilities, all cheerleaders will be expected to uphold a higher standard of behavior both on and off campus, as well as strive for academic excellence.

If selected as a cheerleader, many long hours will be required for practice, cheering at football and basketball games, fundraisers, and various other school activities. Please remember academics come FIRST, then cheerleading for *St. Alphonsus School*. Missing multiple practices and/or games for other cheer squads, dance, sports, etc. will result in demerits and affect in the cheerleader's role on the squad. If a student is currently a member of or intends to join a competition squad whose practices and/or competition dates conflict with the SAS schedule the student should reconsider signing up for the SAS squad.

All information that you need will be included in this packet. This cheer packet includes tryout details, important dates, and a tryout registration form.

### Tryout Details

- Candidates will try out at the end of their 5<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> grade year for the next school year.
- Tryout material is directed by a coach. No person of the SAS school staff or administration will score the candidates on their try-out performance. If any SAS faculty or staff is present during tryouts, they may be there to assist in calculating the judges' scores and escorting the candidates to and from each location.
- Tryout eligibility for the SAS cheerleading team is as follows:
  1. **Must be a registered student at SAS and have all financial responsibilities met.**
  2. Must have a 2.0 for the 3<sup>rd</sup> nine weeks. (2<sup>nd</sup> nine weeks will be reviewed if tryouts fall before the end of the 3<sup>rd</sup> nine weeks)
  3. Have mandatory permission slip forms turned in on time as stated.
  4. Attend all days of the mandatory tryout clinic to learn routines unless otherwise excused by the team coach.
- Previous team members **do have** to tryout each year.
- Candidates will wear appropriate shorts and SAS t-shirt or athletic shirt.
- Candidates will perform some or all of the following for the judges:
  1. Individual cheer taught at clinic
  2. Group dance taught at clinic
  3. Group Chant taught at clinic
  4. Jumps
  5. Tumbling (worth bonus points)
- Candidates will be judged on the following:

1. Communication skills (voice, facial expression, confidence, enthusiasm, crowd appeal, etc.)
  2. Motion technique (arm level, sharp motions, correct fists, etc.)
  3. Dance technique (sharp motions, keeps beat, expression, etc.)
  4. Jumps
  5. Tumbling (worth bonus points)
  6. Teacher evaluations will also be included in scoring
- There is no set number of members on the team. Cuts are determined by a break in the total scores. There will be only one Varsity Team.
  - Tryout results will be sent out via email that same evening.

Feel free to contact Morgan Bueche at [mbueche@stalphonusbr.org](mailto:mbueche@stalphonusbr.org) or Mrs. Smith [msmith@stalphonusbr.org](mailto:msmith@stalphonusbr.org) with any questions.

Thanks,  
Morgan Bueche  
SAS Cheer Director

Morgan Smith  
Athletic Director

## Varsity Cheer Timeline 2023-2024

<p style="text-align: center;"><u><b>March</b></u></p> <p>Registration begins - <b>March 20<sup>th</sup></b></p> <p>Parent meeting - <b>March 28<sup>th</sup> @ 6:00pm in the library</b></p>	<p style="text-align: center;"><u><b>April</b></u></p> <p>Tryouts - <b>April 17<sup>th</sup>, 18<sup>th</sup>, &amp; 20<sup>th</sup></b></p> <p>Fitting- April 25<sup>th</sup> (\$95 Reg Due)</p>	<p style="text-align: center;"><u><b>May</b></u></p> <p>Varsity payment due - May 25th</p>	<p style="text-align: center;"><u><b>June</b></u></p> <p>Practice- TBD</p>
<p style="text-align: center;"><u><b>July</b></u></p> <p>UCA camp fee due - July 1st Practice- TBD</p> <p>UCA Camp - July 24<sup>th</sup> - 26<sup>th</sup> at Most Blessed Sacrament</p> <p>JR &amp; JV Camp – July 27<sup>th</sup> &amp; 28<sup>th</sup> at SAS (6<sup>th</sup>, 7<sup>th</sup>, &amp; 8<sup>th</sup> grade cheerleaders only)</p>	<p style="text-align: center;"><u><b>August</b></u></p> <p>Practice - Tuesday after school</p>	<p style="text-align: center;"><u><b>September</b></u></p> <p><b>Sunday football</b> games begin mid-Sept - usually after 1:30pm</p> <p>Girls basketball games begin</p> <p>Practice - Tuesdays</p>	<p style="text-align: center;"><u><b>October</b></u></p> <p><b>Sunday football</b> games begin - usually after 1:30pm</p> <p>Girls basketball games</p> <p>Practice - Tuesdays</p>
<p style="text-align: center;"><u><b>November</b></u></p> <p>Practice - Tuesdays</p> <p>Pep rally</p>	<p style="text-align: center;"><u><b>December</b></u></p> <p>Practice - TBD</p> <p>Boys basketball games start</p>	<p style="text-align: center;"><u><b>January</b></u></p> <p>Practice - Tuesdays</p> <p>Boys basketball games</p>	<p style="text-align: center;"><u><b>February</b></u></p> <p>Practice - Tuesdays</p> <p>Boys basketball games</p>
<p style="text-align: center;"><u><b>March</b></u></p> <p>Practice - Tuesdays</p> <p>Pep rally</p>			

## Varsity Cheer

### \*\*\*\*\*ESTIMATED COST\*\*\*\*\*

#### **\$95 Registration Fee – Due after tryouts**

**\*\*Registration will be billed through FACTS.**

#### **\*\*\*\*\*Estimated cost for each girl\*\*\*\*\***

Camp wear/practice clothes \$150 (order through Varsity Spirit)

\*\*\* Parents pay Varsity

Shoes \$60 (ordered through Varsity Spirit or purchase any white cheer shoe)

UCA Camp \$209

\*\*\* School pays Varsity/UCA and parents will be billed through FACTS

#### ***Optional items/new girls- All items ordered through Varsity Spirit except sweatshirt***

Bloomers \$16

Bow \$10

Cheer bag \$57

Bodyliner \$20

Uniform \$134

Poms (1 blue, 1 gold, 1 red) \$13 each

Warm-up jacket (*optional*) \$80

*Used uniforms can be purchased at half price from a former cheerleader!*

\*\* Payments for cheer gear will be paid in full to Varsity Spirit Fashions by May 25, 2023. Camp payment must be paid in full by July 1st.

### **Fee Dates**

**\$95 Registration Fee Due April 25<sup>th</sup>**

**Varsity Balance Due in May 25<sup>th</sup>**

(Online payment - \$150-\$500 depending on what you order and if your daughter is a first year cheerleader.)

\*\*Parents pay Varsity, no money comes to the school for clothes

**\$209 Camp fee is due to school July 1<sup>st</sup>.**

**\*\*Parents will be billed through FACTS for the camp fee.**

## **2023-2024**

### **Important Dates to Remember:**

**Parent Meeting:** March 28<sup>th</sup> at 6:30 p.m.

**Mandatory Tryout Clinic:** Monday, April 17<sup>th</sup> (3:45 – 5:00)  
Tuesday, April 18<sup>th</sup> (3:45 – 5:00)

**Cheerleading Tryouts:** Thursday, April 20<sup>th</sup> (3:45 – 6:00ish)  
Results will be emailed. Coach will determine time the day of tryouts.

**Practice Clothes and Uniform fitting:** April 25<sup>th</sup> after school  
\$95 Registration Fee Due

**UCA Camp-** July 24<sup>th</sup>-26<sup>th</sup> at Most Blessed Sacrament

**Practice Begins:** Practice will begin over the summer (days of the week TBD). Practice days for next school year will be announced at a later time.