

St. Alphonsus
Varsity Cheer Tryout
Info Packet
2024-2025



Varsity Cheerleading Squad Tryout Info Packet

Dear Parents and Prospective Cheerleaders:

Thank you for showing interest in our cheerleading squad at SAS. We are very excited about next year and look forward to a successful season. Being a varsity cheerleader is both an honor and a privilege. As representatives of our school, our squad exists to promote wholesome, enthusiastic school spirit and good sportsmanship. Because of these responsibilities, all cheerleaders will be expected to uphold a higher standard of behavior both on and off campus, as well as strive for academic excellence.

If selected as a cheerleader, many long hours will be required for practice, cheering at football and basketball games, fundraisers, and various other school activities. Please remember academics come FIRST, then cheerleading for *St. Alphonsus School*. Missing multiple practices and/or games for other cheer squads, dance, sports, etc. will result in demerits and affect in the cheerleader's role on the squad. If a student is currently a member of or intends to join a competition squad whose practices and/or competition dates conflict with the SAS schedule the student should reconsider signing up for the SAS squad.

All information that you need will be included in this packet. This cheer packet includes tryout details, important dates, and a tryout registration form.

Tryout Details

- Candidates will try out at the end of their 5th, 6th, and 7th grade year for the next school year.
- Tryout material is directed by a coach. No person of the SAS school staff or administration will score the candidates on their try-out performance. If any SAS faculty or staff is present during tryouts, they may be there to assist in calculating the judges' scores and escorting the candidates to and from each location.
- Tryout eligibility for the SAS cheerleading team is as follows:
 1. **Must be a registered student at SAS and have all financial responsibilities met.**
 2. Must have a 2.0 for the 3rd nine weeks. (2nd nine weeks will be reviewed if tryouts fall before the end of the 3rd nine weeks)
 3. Have mandatory permission slip forms turned in on time as stated.
 4. Attend all days of the mandatory tryout clinic to learn routines unless otherwise excused by the team coach.
- Previous team members **do have** to tryout each year.
- Candidates will wear appropriate shorts and SAS t-shirt or athletic shirt.
- Candidates will perform some or all of the following for the judges:
 1. Individual cheer taught at clinic
 2. Group dance taught at clinic
 3. Group Chant taught at clinic
 4. Jumps
 5. Tumbling (worth bonus points)
- Candidates will be judged on the following:

1. Communication skills (voice, facial expression, confidence, enthusiasm, crowd appeal, etc.)
 2. Motion technique (arm level, sharp motions, correct fists, etc.)
 3. Dance technique (sharp motions, keeps beat, expression, etc.)
 4. Jumps
 5. Tumbling (worth bonus points)
 6. Teacher evaluations will also be included in scoring
- There is no set number of members on the team. Cuts are determined by a break in the total scores. There will be only one Varsity Team.
 - Tryout results will be sent out via email that same evening.

Feel free to contact Morgan Bueche at mbueche@stalphonusbr.org with any questions.

Thanks,
Morgan Bueche
SAS Cheer Director

Krystal Armand
Athletic Director

VARSITY CHEER TIMELINE 2024-2025

<p style="text-align: center;"><u>March</u></p> <p>Registration begins March 18th</p> <p>Parent meeting March 19th at 4:45pm in library</p>	<p style="text-align: center;"><u>April</u></p> <p>Registration due April 8th</p> <p style="text-align: center;">Tryout Clinic April 17th & 18th Tryouts April 19th</p>	<p style="text-align: center;"><u>May</u></p> <p>Fitting Wednesday, May 1st (\$95 registration fee due)</p> <p>Varsity payment due <i>TBD</i></p>	<p style="text-align: center;"><u>June</u></p> <p>Varsity payment due <i>TBD</i></p>
<p style="text-align: center;"><u>July</u></p> <p>UCA camp fee due July 1st</p> <p>UCA Camp (<i>overnight</i>) July 15-18 @ SELU JR & JV Camp July 22 & 23 @ SAS</p>	<p style="text-align: center;"><u>August</u></p> <p>Practice either Monday or Tuesday after school until 5pm</p>	<p style="text-align: center;"><u>September</u></p> <p>Football games Sunday afternoons begin mid-Sept</p> <p>Practice</p>	<p style="text-align: center;"><u>October</u></p> <p>Football games Sunday afternoons begin mid-Sept</p> <p>Girls basketball games</p> <p>Practice</p>
<p style="text-align: center;"><u>November</u></p> <p>Practice (<i>Thursday practice week of pep rally</i>)</p> <p>Pep Rally</p>	<p style="text-align: center;"><u>December</u></p> <p>Practice</p> <p>Boys basketball games <i>*home games only</i></p>	<p style="text-align: center;"><u>January</u></p> <p>Practice</p> <p>Boys basketball games <i>*tournament - weekend in January (tbd)</i></p>	<p style="text-align: center;"><u>February</u></p> <p>Practice</p> <p>Boys basketball games</p>
<p style="text-align: center;"><u>March</u></p> <p>Practice (<i>Thursday practice week of pep rally</i>)</p> <p>Pep Rally</p>			

Varsity Cheer

ESTIMATED COSTS

\$95 Registration Fee – due after tryouts (billed through FACTS)

ITEMS PURCHASED FROM VARSITY SPIRIT:

Camp/Practice Clothes	\$150 - \$175
Uniform (top & skirt)	\$130
Bloomers	\$17
Midriff Bodysuit	\$26
Bow	\$12
Backpack	\$32
Shoes	\$75
*cheer shoes can also be purchased from Academy, Dicks Sporting Goods, Amazon, etc.	
Poms (1 blue, 1 gold, 1 red)	\$14 each
Warm-up jacket (<i>optional</i>)	\$80

School approved game day shirt \$25
*purchased from Crossthreads in August

UCA Camp \$220 (billed through FACTS)
UCA Camp Total = \$440 **SAScheer department will be paying half of each girls' total**

Fee Dates

\$95 Registration Fee due May 1st (paid via FACTS)

\$220 Camp Fee due JULY 1st (paid via FACTS)

Varsity Payments due in May-June (paid via Varsity Spirit Payment Portal)

Important Upcoming Dates to Remember:

Parent Meeting: Tuesday, March 19th at 4:45pm

Mandatory Tryout Clinic: Wednesday, April 17th (3:45 – 5:00)
Thursday, April 18th (3:45 – 5:00)

Cheerleading Tryouts: Friday, April 19th (3:45 – 6:00ish)

****Food is provided for the girls****

Results will be emailed that evening

Registration Due: Wednesday, May 1st

Uniform fitting: Wednesday, May 1st

Time TBD

***in school library*

Summer Practice: TBD

UCA Camp: July 15th – 18th at Southeastern University (*overnight camp*)

JR & JV Camp: Monday, July 22 & Tuesday, July 23
from 8:30am - 4:30pm @ SAS