



# St. Alphonsus Catholic School

## The Buzz

*Forming Faith and Future*

Kristy M. Monsour, Principal

December 4, 2025

### UPCOMING EVENTS

- **December 5 -**  
School Mass
- **December 8 -**  
School Mass -  
Immaculate  
Conception
- **December 9 -**  
Drama Club Play  
and Nativity 6:30  
p.m.
- **December 11 -**  
Reregistration and  
New Sibling  
Registration  
Begins / Band  
Concert 6:30 p.m.
- **December 12 -**  
No School Mass
- **December 16 -**  
6th-8th Grade  
Exam / 12:00 p.m.  
Dismissal for 6th-  
8th Grade Only
- **December 17-  
18 -** 5th-8th  
Grade Exams /  
12:00 p.m. Dismissal for 5th-8th  
Grade Only

## Drama Club Christmas Play and 6th Grade Nativity

The Drama Club will be performing "A Christmas Cinderella" and the 6th graders will perform the Living Nativity on **Tuesday, December 9th** at 6:30 p.m. Please come out and support our Drama Club and enjoy a show.

## Enrollment for the 2026-2027 School Year

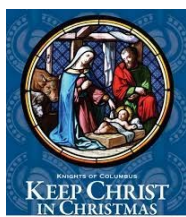
Re-enrollment for currently enrolled students and new siblings will begin on **Thursday, December 11th**. Click [HERE](#) for the Registration Timeline for the 2026-2027 school year.

**\*Please note:** Enrollment will be completed online. Parents will pay registration online through their FACTS account.

## Church Contribution Update

Please remember that in order to receive the "In-Parish" tuition rate for the 2026-2027 school year, your contribution of at least \$500 (formerly \$300) needs to be included in the December 28th Sunday Mass collection. If you are hand delivering it to the church, it needs to be in the church office on Monday, December 29th. Contact the church office at 225.261.4650 if you would like to set-up automatic contributions.

## Keep Christ in Christmas Poster Contest



The Knights of Columbus is sponsoring a Keep Christ in Christmas poster contest for students in Kindergarten through 8th Grade. See the attached entry form for more details. Entries are due to the school office by **Monday, December 15th**. The Knights of Columbus have provided the poster boards (1 per student). Participants can pick up the poster boards in the school office. Please encourage your child to participate in this wonderful Christmas tradition.



# Middle School Exam Schedule

Please see the middle school exam schedule below. Child care will not be provided for middle school students after exams. Reminder that all middle school students will be dismissed at 12:00 p.m. on Tuesday, Wednesday and Thursday.

<b>Tuesday, December 16th:</b>	<b>Wednesday, December 17th:</b>	<b>Thursday, December 18th:</b>
6th - History and English	6th - Science	6th - Math and Reading
7th - Math and Reading	7th - History and English	7th - Science
8th - Science	8th - Math and Reading	8th - History and English

\*\*\*5th grade will take exams on **December 17th-18th** and will dismiss at 12:00 p.m. More information to follow about 5th grade exams.



## St. Alphonsus Catholic School The G.R.A.C.E. Program

### *Giving Religious Access for Children with Exceptionalities*

**Now Enrolling Students in Kindergarten – 2nd Grade for the 2026-2027 School Year**

*The G.R.A.C.E. Program is a faith-centered, inclusive special education program designed to meet the needs of exceptional learners in a nurturing, Catholic environment. Our goal is to help every child grow academically, spiritually, socially, and emotionally.*

#### **Exceptionalities Served:**

- Autism
- Intellectual Disability (Mild-Moderate)
- Multiple Disabilities
- Down Syndrome
- Other Health Impairments
- Specific Learning Disabilities
- Traumatic Brain Injury (ambulatory students)

#### **Program Benefits:**

- Individualized placement and small-group instruction
- Opportunities for mainstreaming when appropriate
- Access to related services as available
- Engage with age-level peers and Big Buddies to assist in social skills development
- Supportive, Christ-centered learning environment

#### **Interested in Learning More?**

*We would love to meet with you to discuss admissions and determine whether the GRACE Program is the right fit for your child.*

#### **Contact:**

Kristy Monsour, Principal  
kmonsour@stalphonsusbr.org

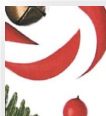
## We're Hiring! Join Our Team

Are you passionate about making a difference in the lives of students with special needs? We're looking for dedicated professionals to join our team:


- [Special Education Teacher](#)
- [Special Education Assistant](#)







# Spread The Joy Give A Toy





• Help Ross Tire & Journey Church fill Central's Toy Box this year to help a child have a special Christmas.


The Classroom that collects the most toys will win a

## Raising Cane's Party

• Toys needed by December 11th  
new, unwrapped toys for newborn - age 16  
Call Ross Tire and Service for more details  
262 8473

Printing services provided by:



# SAVE THE DATE

# daddy + daughter Sneaker Ball

SATURDAY, FEBRUARY 7th  
6:30 - 8:30 PM  
St. Alphonsus Gym

Tickets go on sale January 5, 2026!



**The Mission of  
St. Alphonsus  
Liguori  
Catholic School is  
to form  
students in the  
Catholic Faith  
spiritually,  
academically,  
physically, and  
culturally in an  
environment of  
academic  
excellence.**

## FRUITS OF THE SPIRIT PRAYER



**Dear Holy Spirit,  
Thank You for living in my heart.  
Help me grow Your beautiful fruits:**




Love - so I care for others  
Joy - so I smile even when life is hard  
Peace - so I stay calm and trust in You  
Patience - so I don't get upset  
Kindness - so I treat everyone like a friend  
Goodness - so I choose to do what's right  
Faithfulness - so I always follow You  
Gentleness - so I use soft words  
Self-control - so I make good choices




**Help me be more like Jesus every  
day. Mary, Mother of God, pray for  
me. All you holy angels and saints,  
pray for me too. Amen.**





# TIPS FOR HELPING KIDS DO THEIR BEST ON THE TEST

## Spend Time Studying

Help your child develop strategies for studying that will help them feel confident and prepared for their test. Ideas include:

- Studying a little bit at a time, not just last minute.
- Taking breaks while you're studying.
- Making up songs or rhymes to help you remember the information.
- Asking another person to quiz you on the information.
- Setting specific goals for what you want to learn or remember.
- Not being afraid to ask questions if you don't understand something.

## Get Prepared

Feeling prepared for a test is more than just knowing the information. Here are some other things to consider:

- Get a good night's sleep and eat breakfast. Feeling rested, and not hungry, can make it easier for your child to focus and think clearly.
- Make sure you have all of your materials. Not having what you need might mean you have to scramble before the test or stop in the middle of the test to get them.
- Go to the bathroom. Taking care of this before the test can limit disruptions.

## Use Test-Taking Strategies

Knowing the information is the best test-taking strategy, but there are other tools your child can use to help like:

- Read the directions carefully.
- Look through all of the questions before you start.
- Underline or circle important information.
- Write down any important information on the side of your test.
- Cross off answers you know aren't right.
- If you get stuck, move on and come back to that question.
- Try to answer all of the questions.

©Counselor Chelsey

## Stay Calm

It is completely normal to feel nervous about taking a test. Thankfully, there are some strategies your child can use to help them feel more calm as they work.

- **Deep Breathing:** Breathe in for 4 seconds, hold the breath for 7 seconds, and exhale for 8 seconds.
- **Positive Self-Talk:** Come up with an encouraging sentence to tell yourself.
- **Tensing & Relaxing:** Focus on one part of your body. Make it as tense as possible, then relax.
- **Focusing On What You Can Control**



Morgan Bueche  
[mbueche@stalphonusbr.org](mailto:mbueche@stalphonusbr.org)

[Parent School Counseling Request Form](#)  
[Elementary Student Check-In Form](#)  
[Middle School Student Check-In Form](#)





JOIN US FOR OUR

# CHRISTMAS MARKET

❄️ DECEMBER 5-6, 2025 ❄️  
FRI 12-7 PM ★ SAT 11 AM-8 PM

ST. ALPHONSUS LIGUORI CATHOLIC CHURCH  
PARISH ACTIVITY CENTER  
14158 FRENCHTOWN ROAD

**CRAFT SHOW** featuring 30+ vendors

**CONCESSIONS** sold by Catholic Daughters  
*Jambalaya, hot dogs, hamburgers, drinks, sweets, and more*

**FR. JASON'S CHRISTMAS VILLAGE DISPLAY**

**KIM CHRISTMAS PARTY - SAT. 12-4 PM**

Still accepting vendors!  
Apply today.

## Remembering Our Children Candlelight Service

Join us on Sunday,  
December 14, 2025  
Beginning at 6 PM  
St. Alphonsus Liguori  
Catholic Church

## Holiday Camps at SJA

**Baking**  
grades 4 - 8

**Sewing**  
grades 4 - 8

**Merry Makers**  
grades 3 - 5

**Little Stickers Cheer Clinic**  
ages 6 - 14

## Paddles for a Cause

# St. Michael High School PICKLEBALL Tournament

Presented by Performance Contractors

**Divisions**

Womens/Mens/Mixed  
Senior Women/Men/Mixed  
Family/Youth/Juniors  
Youth (6th-8th grade)  
Juniors (9th-12<sup>th</sup> grade)

**Benefits**

& Our Lady of the Lake Children's Hospital

**Register Now!**

**JANUARY 10-11, 2026  
@ Stacks Pickleball**

## Monday

Chicken Smackers  
Spaghetti and Cheese  
Vegetable Medley  
Garden Variety Veggies  
Tropical Fruit  
Milk  
**Choice:** Loaded Baked Potato

## Tuesday

Soft Tacos  
Pinto Beans & Spanish Rice  
Taco Salad Cup, Salsa  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Chicken Smackers

## Wednesday

Chicken & Sausage Gumbo  
Steamed White Rice  
Potato Salad  
Garden Variety Veggies  
Fruit Sorbet  
Dinner Roll  
Milk  
**Choice:** Pepperoni or Cheese Pizza

## Thursday

Chicken Parmesan w/ Spaghetti  
Parmesan Roasted Zucchini  
Garden Variety Veggies  
Green Apple Wedges  
Garlic Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

## Friday

Cheesy Chili Crunch Bowl  
Frito Chips  
Nacho Salad Cup & Sour Cream  
Garden Variety Veggies  
Orange Wedges  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Spaghetti and Meat Sauce  
Garden Salad  
Garden Variety Veggies  
Red Apple Wedges  
Garlic Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

Hamburger/Cheeseburger  
Sandwich Salad Cup  
Baked Beans  
French Fries  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Chicken Smackers

Sliced, Roasted Turkey w/ Gravy  
Roasted Red Potatoes & Green Beans  
Garden Variety Veggies  
Orange Wedges  
Dinner Roll  
Christmas Cupcake  
**Choice:** Pepperoni or Cheese Pizza

Macaroni and Cheese  
Green Beans  
Garden Variety Veggies  
Green Apple Wedges  
Dinner Roll  
Milk  
**Choice:** Loaded Baked Potato

Chicken Sandwich  
French Fries  
Sandwich Salad Cup  
Garden Variety Veggies  
Fruit Sorbet  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Honey Citrus Chicken  
Fried Rice  
Steamed Broccoli  
Garden Variety Veggies  
Pineapple  
Milk  
**Choice:** Loaded Baked Potato

Hamburger Steak w/ Gravy  
Mashed Potatoes & Lima Beans  
Garden Variety Veggies  
Red Apple Wedges  
Dinner Roll  
Milk  
**Choice:** Chicken Smackers

Chicken and Waffles  
Homestyle Grits  
Garden Variety Veggies  
Orange Wedges  
Milk  
**Choice:** Pepperoni or Cheese Pizza

Nachos  
PreK Classes: Grilled Cheese  
Fiesta Corn & Salsa  
Garden Variety Veggies  
Peaches  
Milk  
**Choice:** Loaded Baked Potato

Pepperoni or Cheese Pizza  
Garden Variety Veggies  
Whole Grain Goldfish Crackers  
Fruit Sorbet  
Milk  
**Choice:** No Choice

**Merry Christmas**

**and**  
**Happy New Year!**

**Notes:** Menus are subject to change. All meals are served with a choice of milk.

**Notification Statement:** Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program. However, some products served may contain nuts, may be produced in plants that use nuts, and may contain traces of nuts.

**MENUS:** [www.cnpbr.org](http://www.cnpbr.org)