



St. Alphonse Catholic School

The Buzz

Forming Faith and Future

Kristy M. Monsour, Principal

March 5, 2026

UPCOMING EVENTS

- **March 6** - School Mass
- **March 9** - Summer Camp Registration Opens / Home Volleyball Games
- **March 10** - Spring Pictures
*see page 2 for more information
- **March 11** - 8th Grade Cap and Gown Pictures / Home Volleyball Games
- **March 13** - Grandparent's Day 2nd-4th Grade - 12:00 p.m. Dismissal for 2nd-4th Grade ONLY
- **March 19** - Report Cards

Festival of Two Rivers T-Shirts

Order your 2026 Fair T-shirts online by **March 18th!** After March 18th, shirts must be purchased in the church office. Students may wear their fair shirts with uniform bottoms or jeans every Wednesday and Friday beginning March 25th until the fair.

Click [HERE](#) to order your shirt before the deadline!

Order your 2026 Fair T-shirt now!



Online Deadline: March 18

The St. Alphonse Online Auction opens on Thursday, February 26 and ends Thursday, March 5 at 9 PM.

Go to the Auction website at <https://auctria.events/alphonsusauction> to view and bid on your favorite school items!

Our Online Auction Ends **TONIGHT** at 9:00 p.m.!

Click [HERE](#) to view and bid on your favorite school item!

Raffle tickets for our 2026 Auction, Taste Fair & \$10,000 Raffle are now available for purchase in the Church Office or click [HERE](#)

Join us for a fabulous evening at our annual **St. Alphonse Liguori Catholic Church & School Auction, Taste Fair & \$10,000 Raffle**

Saturday, March 21, 2026 at 5 PM in the Parish Activity Center

Our Event will include:

- Live Auction - \$10,000 Raffle Drawing - First Pick Raffle
- Silent Auction - Food from Local Caterers - Wine & Dine Vegas/Elvis Costume Contest & More!

Raffle Tickets

Go to alphonusus.org or scan this QR code with your phone to purchase tickets online. Tickets are available for purchase in the Church Office and will also be sold after Masses on Feb. 21-22, March 7-8, and March 14-15, 2026.

Online Auction Feb 26-March 6

The online portion of our auction will include popular school items such as: First in Carpool, Pick Your Teacher, Colorful Shoes, breakfast with teachers, passes to all 2026-2027 SAS home athletic events, & more!



SAS Summer Camp - Save the Date

Camp registration will begin on **Monday, March 9th**. Families will get a link for registration via email. Spots are limited, so get your registration in quickly! Summer Camp will begin on **Monday, June 8th** and end **Friday, July 24th**. You may register for the entire summer or for specific weeks. Campers must be 5 years old and registered SAS student for the 2026-2027 school year.



Questions: email Mrs. Tammy Fouts at tfouts@stalphonusbr.org

Spring Pictures

Spring pictures will be on **Tuesday, March 10th**. Only students who are taking spring pictures are allowed to wear free dress. Students not taking pictures may wear Spirit dress or school uniform. The dress code for spring pictures is as follows:

- Sandals may be worn but they must have a back.
- Shoes can only be flat, no heels, no boots.
- Dresses, skirts and shorts have to be an appropriate length (no shorter than 2 inches above the knee).
- No tank tops, tube tops or spaghetti straps are allowed. If the dress or shirt is sleeveless, a sweater must be worn over it at all times during the day. Shoulders and backs cannot be seen.

8th Grade Cap and Gown Pictures

8th grade cap and gown pictures will be taken on **Wednesday, March 11th**. Students should be dropped off as close to 7:40 a.m. as possible and go to the Lighthouse. Students will be provided a cap and gown for pictures. Boys will also be provided a white collared button-down shirt and tie; however, they may bring their own if preferred. Boys' haircuts may be of only moderate length, height, and thickness in the front, back, top, and sides, naturally off of their ears, collar and eyebrows. Please see the student handbook for the dress code for haircuts. Students not following this dress code will be asked to make a separate appointment with Eric Frank.

Food Pantry Donation Drive

St. Vincent de Paul is in need of the following items for their food pantry: peanut butter and jelly, spaghetti noodles, red beans (canned or dry), mac & cheese, and canned chicken or tuna. Donations will be collected **March 23rd – March 27th**. Your generosity helps support individuals and families in our community who are in need. Thank you for your continued support!



2025-2026

Yearbooks

Buy your 2025-2026 yearbook today for \$40.00. The yearbooks will be distributed at the beginning of the 2026-2027 school year.

Click [HERE](#) to order your yearbook and use order number 2454.

Yearbook orders are **ONLY ACCEPTED ONLINE.**

MAKE TIME STAND STILL

DEADLINE
03/16/26



YBK COST
\$40

ORDER A YEARBOOK

St. Alphonse Catholic School
USE OUR ORDER NUMBER WHEN YOU LOG ON:

2454

YEARBOOKORDERCENTER.COM



FESTIVAL OF 2 RIVERS CASH RAFFLE TICKET CONTEST

We would like to thank everyone for your efforts thus far with selling the St. Alphonse Festival of 2 Rivers cash raffle tickets.

Please be mindful that according to the state gaming rules we are required to have all unsold tickets returned, therefore, we are asking you to send any tickets you are not planning to sell or buy to the school office ASAP.

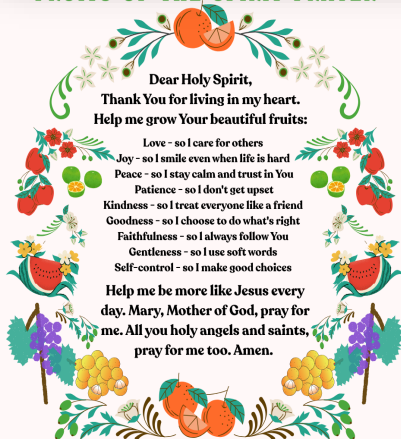
The final date to turn tickets in to be counted in the contest is the end of school day next, Tuesday March 10, 2026.

The awards will be given out at the Thursday assembly on March 12, 2026.

Thank you for your continued support for our school and parish.

*Lisa M. Deaton
Cash Raffle Chair*

FRUITS OF THE SPIRIT PRAYER



Dear Holy Spirit,
Thank You for living in my heart.
Help me grow Your beautiful fruits:

- Love - so I care for others
- Joy - so I smile even when life is hard
- Peace - so I stay calm and trust in You
- Patience - so I don't get upset
- Kindness - so I treat everyone like a friend
- Goodness - so I choose to do what's right
- Faithfulness - so I always follow You
- Gentleness - so I use soft words
- Self-control - so I make good choices

Help me be more like Jesus every day. Mary, Mother of God, pray for me. All you holy angels and saints, pray for me too. Amen.

The Mission of St. Alphonse Liguori Catholic School is to form students in the Catholic Faith spiritually, academically, physically, and culturally in an environment of academic excellence.



LUNCH AND HOLE SPONSORSHIPS ARE AVAILABLE

2026 HIVE GOLF TOURNAMENT

MARCH 27, 2026
11 AM - 2 PM

Click [HERE](#) or Scan the QR Code to REGISTER NOW!



REGISTRATION DEADLINE
MARCH 20TH

The mission of the Hive Booster Club is to support all athletic and spirit programs at St. Alphonsus Catholic School.

Get More Info:

225-261-5299

**LUNCH:
LENT FRIENDLY OPTIONS**

Top Golf Baton Rouge
10955 N Mall Dr,
Baton Rouge, LA



VOLLEYBALL HOME GAMES

9

MARCH

5TH GRADE BLUE AT 5:30 P.M.
6TH GRADE D2 AT 6:30 P.M.
8TH GRADE D2 AT 7:30 P.M.

11

MARCH

6TH GRADE D2 AT 5:30 P.M.
7TH GRADE D2 AT 6:30 P.M.
8TH GRADE D2 AT 7:30 P.M.



SAVE THE DATE! Mini HORNET CHEER CAMP



May 27th - 29th
9am to 12pm
SAS gym

Open to SAS students going into kindergarten (5 years old) - 2nd grade!

Cheer Information

- Mandatory cheer parent meeting will be on Wednesday, March 18th.
 - 5:00-5:40 p.m. - Junior and JV Parent Meeting (girls going into 3rd- 5th grade)
 - Varsity meeting TBD
- Cheer registration for the 2026/27 school year opens on Thursday, March 19th. This is for girls entering grades 3rd-8th grade next school year!
- Cheer information packets can be found on the school website.

Dance Information

- Mandatory dance virtual parent meeting will be on Thursday, March 19th.
- Dance registration for the 2026/27 school year and dance information packet will be discussed at the meeting.



Counselor's CORNER

March 2026

Ms. Morgan Bueche

A Note from Ms. Morgan

Our guidance classes continue to be lots of fun as students learn and grow in their social-emotional skills! Pre-k and kindergarten students are continuing to learn about the "Spot of Emotions." In our most recent class, we focused on our "Happiness Spot" and what brings us happiness and how we can grow our spot.

In first grade, students practiced self-control skills through a fun and engaging game of animal feelings charades. Second and third grades are learning about empathy and how to recognize and think about the feelings of others.

Fourth grade guidance focused on respect — what it means to respect others and ourselves, and how that looks in everyday situations.

In fifth grade, students are exploring empathy and bullying through role-play group scenarios, helping them better understand how their words and actions impact others.

Middle school is also focusing on bullying prevention. Specifically, students worked on identifying the differences between rude, mean, and bullying behaviors using real-life scenarios.

Stay tuned to see what we'll be learning about in our next guidance classes!

Important Links

[Parent Referral Form](#)

[Elementary Student Check-In Form](#)

[Middle School Student Check-In Form](#)

[School Website Counseling Program](#)

Let's CONNECT!



mbueche@stalphonsusbr.org



225.261.5299

What's Coming Up?

We are excited to be hosting a presentation for parents by McCall Dempsey on Raising Body Confident Kids in a Diet Obsessed World. McCall is a graduate of our Baton Rouge Catholic Schools and presents all over the country to parents and teens. She struggled with an eating disorder for 15 years and her passion is bringing families the tools to help our children become confident and resilient in today's world of constant pressure. St. Alphonsus is hosting this Diocesan event at the Catholic Life Center on Wednesday, March 25 at 6pm. This free event being offered to all of the parents in our surrounding schools. Please see the next page for information about this upcoming presentation!





◆ A PRESENTATION FOR PARENTS BY MCCALL DEMPSEY



A PRESENTATION FOR PARENTS: RAISING BODY CONFIDENT KIDS IN A DIET OBSESSED WORLD

Presenter: McCall Dempsey, Mental Health Speaker, Writer, and Advocate
 Founder/Director of Southern Smash, a program of the National Alliance for Eating Disorders





ABOUT THIS PRESENTATION

Kids today face constant pressure about how they should look, eat, and move – starting as early as elementary school. These messages can affect self-esteem, mental health, and lifelong relationships with food and exercise. Parents and caregivers play a powerful role. What you say and model can protect children from harmful messages or reinforce them. This presentation offers tools to help raise confident, resilient kids in a body-focused culture.

DATE AND LOCATION

March 25th, 2026 at 6:00 pm
 Tracey Center Ballroom, Catholic Life Center
 1800 S. Acadian Thruway

YOU WILL LEARN:

-  How body image develops in children
-  How media, sports, and school environments impact self-worth
-  Why boys and girls experience body pressure differently
-  What “diet culture” looks like in everyday family life
-  How to be a healthy role model without perfection or pressure

COMPLETE [GOOGLE FORM](#) TO REGISTER



About the Presenter

McCall Dempsey, founder of Southern Smash, is a nationally recognized speaker on body image and eating disorder prevention. She brings evidence-based education, real life experience, and practical tools that students and parents can actually use.

After a 15-year battle, McCall sought treatment in December 2010. Since then, she has made eating disorder awareness and prevention her life's work and passion. McCall travels the country, sharing her story of hope and healing with audiences everywhere.

McCall also writes the popular blog, Loving Imperfection. Her writing has been featured in various national television, print and online publications, including Today Show, Women's Health, Southern Living, and Huffington Post. A Baton Rouge native, McCall now resides in Ponte Vedra Beach, Florida, with her husband, Jordan, and her two children, Manning and Marjorie.



Featured In



Southern Living

THE
HUFFINGTON
POST

Medium

Verily

Women's Health

Contact

mdempsey@allianceforeatingdisorders.com

mccalldempsey.com

mccalldempsey.substack.com



Save the Date

ST. ALPHONSUS MAHJ & MINGLE




May
9th
at 5 PM



Please join us for a fun and social evening bringing the St. Alphonsus community together to play, connect, and raise money for the Emergency Tuition Assistance Fund.

*More details to
come at a later
date*




WINE
Donations Needed

The Auction and Taste Fair Committee are in need of wine donations for the **“Wine and Dine”** portion of the evening.

Please send donations of bottles of wine to the church or school office by March 7th.

Contact Megan Jenkins with any questions
225-335-4118



St. Michael Theater Department Presents



SHREK

THE MUSICAL

St. Michael High School
St. Sebastian Gymnasium

Showtimes:

Thursday March 5 @ 7:00pm
Friday March 6 @ 7:00pm
Saturday March 7 @ 2:00pm and 7:00pm

Scan Here
Purchase Tickets



August 2026						
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30	31					

September 2026						
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October 2026						
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November 2026						
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December 2026						
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January 2027						
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February 2027						
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March 2027						
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April 2027						
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May 2027						
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30	31					

June 2027						
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July 2027						
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25	26	27	28	29	30	31

 School Closed / Holidays

 Indicates First/Last Day of School

Important Dates

Please note these dates are subject to change and families will be notified if changes are made.

August 10 First Day of School

September 7 Labor Day

October 9 Fall Break

Nov. 23-27 Thanksgiving Holidays

Dec. 21-Jan. 1 Christmas Holidays

January 4 Students Return to School

January 18 Martin Luther King Jr. Holiday

Feb. 8-12 Mardi Gras Holidays

Mar. 26-Apr. 2 Easter Holidays

May 21 Last Day of School