

## **Varsity Cheerleading Squad Information Packet**

Dear Prospective Cheerleaders and Parents,

Thank you for your interest in St. Alphonsus Cheerleading! We are excited about the upcoming year and look forward to a fun and successful season. Being a cheerleader is both an honor and a privilege. As representatives of our school, all squads are committed to promoting positive school spirit, enthusiasm, and good sportsmanship. With this responsibility comes the expectation that each cheerleader will uphold high standards of behavior both on and off campus, while also striving for academic excellence.

Cheerleading requires a significant time commitment, including practices, football and basketball games, pep rallies, and other school events. Please remember that academics are the top priority at St. Alphonsus School, followed by cheerleading commitments. Missing multiple practices and/or games due to participation in other cheer squads, dance, sports, or activities may result in demerits and could impact a cheerleader's role on the squad. If you are currently a member of—or plans to join—a competition squad with practices or events that conflict with the SAS cheer schedule, we encourage you to carefully consider this commitment before registering.

The following pages of this packet contain important information that should be reviewed prior to registration and trying out for SAS Cheer. This includes tryout details, cheerleader expectations, financial details, and the cheer season timeline.

**\*\*THE VARSITY SQUAD IS OPEN TO STUDENTS ENTERING THE 6TH-8TH GRADES IN THE 2026-2027 SCHOOL YEAR. SQUAD PLACEMENT WILL BE DETERMINED FOLLOWING TRYOUTS.\*\***

We look forward to a wonderful year ahead!

Thank you,  
Morgan Bueche  
Cheer Director/Coach

Ceci Hill  
Athletic Director

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### **IMPORTANT DATES!**

- \* **Mandatory Parent Meeting: TBD**
- \* **Registration Opens: March 19<sup>th</sup>**
- \* **Registration Closes: April 17<sup>th</sup>**
- \* **Uniform Fitting with Varsity Rep: Monday, April 27<sup>th</sup> @ 4:00pm in school library**
- \* **Mandatory Cheer Camp: UCA Camp July 15<sup>th</sup> - 18<sup>th</sup> (overnight at SELU)**
- \* **Mandatory JR & JV Camp: July 20<sup>th</sup> - 21<sup>st</sup> from 8:30am to 4:00p @ SAS Gym**

## Tryout & Commitment Information:

### Tryout Clinic: April 21<sup>st</sup> and 22<sup>nd</sup>

- Tryout material taught during the clinic includes a cheer, chant/sideline, and dance
- Tryout clinic is closed to public—no parents, siblings, friends, etc. allowed in gym
- Time: 3:30 - 5:00pm
- Attire: appropriate athletic shorts, SAS t-shirt, cheer or athletic shoes

### Tryouts: April 24<sup>th</sup>

- Tryouts are closed to the public—no parents, siblings, friends, etc. allowed in gym (strictly enforced)
- Time: 3:30 - 5:00pm
- Attire: solid black top, black athletic shorts, cheer or athletic shoes

### Important Mandatory Dates:

If trying out for the varsity squad, you must be able to commit to the following dates.

- April 27 (4:30-5:15pm) — uniform and camp clothes fitting with Varsity Rep
- July 15<sup>th</sup> - 18<sup>th</sup> — UCA Camp at Southeastern Louisiana University (overnight)
- July 21<sup>st</sup> - 22<sup>nd</sup> — Junior and JV squad camp
- Parent Meeting — TBD

**\*\*If you have any questions regarding tryouts and cheer registration, please contact Morgan Bueche at [mbueche@stalphonsusbr.org](mailto:mbueche@stalphonsusbr.org) or Ceci Hill at [chill@stalphonsusbr.org](mailto:chill@stalphonsusbr.org).\*\***

## Tryout Details & Procedures:

1. **Tryout Registration Google Form:** To sign up for tryouts, a parent/guardian must complete the following Google Form by Friday, April 17<sup>th</sup>. This form gives permission for the student to participate in the tryouts process.

[2026/2027 Varsity Cheer Tryout Registration Form](#)

*\*form will be available when registration opens on March 19<sup>th</sup>\**

2. **Tryout Eligibility:** Students going into 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade for the 2026-2027 school year are eligible to try out for the varsity squad. Registration for the following school year must be completed and all financial responsibilities need to be met. Students must have a 2.0 GPA for the 3<sup>rd</sup> nine weeks (2<sup>nd</sup> nine weeks will be reviewed if needed).
3. **Tryout Clinic:** During the tryout clinic, students will learn a cheer, chant, and short dance that will be performed at tryouts. Tryout clinic days are closed to parents, siblings, etc. After day 1 of the clinic, a recording of the routines will be sent via email.
4. **Tryout Information:** All students trying out are required to perform a toe touch, chant, cheer and dance. Each candidate will be judged individually by qualified, independent judges. The varsity team will be selected based on a natural break in scores, and being on the squad previously does not guarantee a spot this year. Tryout day is closed to all spectators.
  - **Tumbling (optional):** Tumbling is an optional way to earn points on tryout day. Tumbling must be a running tumbling pass, standing back handspring, or a standing tuck or full that can be performed on the gym floor. NO front walkovers, or cart wheels will be scored. Please ensure your child is confident and proficient performing the skill independently, as no spotting will be provided. Again tumbling is completely optional and not required.
5. **Notification of Teams:** All candidates who signed up for tryouts will receive an email with the results from Cheer Director Morgan Bueche on Thursday, April 24<sup>th</sup> after 6:00pm. Emails will be sent to the parent/guardian email addresses listed in FACTS, so please ensure that this information is up to date. Additional information will be provided to those selected for the team following the initial notification.
6. **Injury:** If an athlete cannot tumble or jump due to an injury, an email with the injury explanation and limitations must be sent to both Morgan Bueche and Ceci Hill prior to tryouts.

## Varsity Squad Cheer Timeline 2026-2027

<p style="text-align: center;"><u>March</u></p> <p>Registration Opens <b>March 19<sup>th</sup></b></p> <p>Parent Meeting TBD</p>	<p style="text-align: center;"><u>April</u></p> <p>Registration Closes <b>April 17<sup>th</sup></b></p> <p>Uniform Fitting with Varsity Rep <b>Monday, April 27<sup>th</sup> @ 4:00pm</b> in library</p>	<p style="text-align: center;"><u>May</u></p> <p>Uniform payments due TBD</p>	<p style="text-align: center;"><u>July</u></p> <p>UCA Camp payment due <b>July 1<sup>st</sup></b></p> <p>UCA Cheer Camp (overnight @ SELU) <b>July 15-18</b></p> <p><b>JR &amp; JV Camp July 20-21 from 9:00am - 4pm @ SAS Gym</b></p>
<p style="text-align: center;"><u>August</u></p> <p>Weekly Practices begin <b>TBD</b></p>	<p style="text-align: center;"><u>September</u></p> <p>Football Games <b>Sunday afternoons</b> begin mid-Sept</p> <p>Weekly Practices</p>	<p style="text-align: center;"><u>October</u></p> <p>Football Games <b>Sunday afternoons</b></p> <p>Girl Basketball Games (non basketball players)</p> <p>Weekly Practices</p>	<p style="text-align: center;"><u>November</u></p> <p>Weekly Practices (pep rally week = Thursday practice)</p> <p>Fall Pep Rally</p>
<p style="text-align: center;"><u>December</u></p> <p>Weekly Practices</p> <p>Boys Basketball Games *home games only</p>	<p style="text-align: center;"><u>January</u></p> <p>Weekly Practices</p> <p>Boys Basketball Games *home games only</p>	<p style="text-align: center;"><u>February</u></p> <p>Weekly Practices</p> <p>Boys Basketball Games *home games only</p>	<p style="text-align: center;"><u>March</u></p> <p>Weekly Practices (pep rally week = Thursday practice)</p> <p>Spring Pep Rally</p>

## Varsity Squad Cheer Squad

### \*\*\*ESTIMATED COSTS\*\*\*

Registration Fee \$95

#### ITEMS PURCHASED FROM VARSITY SPIRIT:

Bloomers \$18  
Midriff Bodysuit (blue) \$28  
Bow \$12  
Backpack \$32  
Poms (1 blue, 1 gold, 1 red) \$16 each  
Camp/Practice Outfits \$125

Shoes \$75

\*cheer shoes can also be purchased from Academy, Dicks Sporting Goods, Amazon, etc.

Game Day shirt \$20  
(will be purchased through Crossthreads in August/September)

**RENTAL FEE FOR NEW UNIFORM** \$50

\*\*cheerleaders will receive a rental agreement and info/care instructions when uniform is received

Camp \$50-100  
(TBD - after biddy camp fundraiser)

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~\$550 for new cheerleaders

### Fee Dates:

**\$95 Registration Fee due APRIL 17<sup>th</sup>**

**Camp Fee due JULY 1<sup>st</sup>**

**Varsity Spirit Payments due in May-June**