



# St. Alphonsus Catholic School

## The Buzz

*Forming Faith and Future*

Kristy M. Monsour, Principal

August 28, 2025

### UPCOMING EVENTS

- **August 29** - School Mass / 1:00 p.m. Dismissal - No Aftercare
- **September 1** - Labor Day - No School
- **September 5** - School Mass
- **September 8-12** - Book Fair Week
- **September 8** - Book Fair Family Night
- **September 9** - Picture Retakes and Class Pictures
- **September 11** - Progress Reports
- **September 12** - School Mass
- **September 16** - Hornet Run Kickoff / 1:00 p.m. Dismissal - No Aftercare / Parent/Teacher Conferences

\*On August 29th, students will dismiss at 1:00 p.m. There will be NO AFTERCARE on this day; however, buses will run.

\*\*There will be NO SCHOOL on Monday, September 1st. We will return to school on Tuesday, September 2nd.

### First Friday Adoration and Benediction



Next Friday, we will have First Friday Adoration and Benediction following our school Mass at 8:30 with the singing of the Divine Mercy Chaplet. Parents are invited to join us in prayer and adoration.

### Food Drive

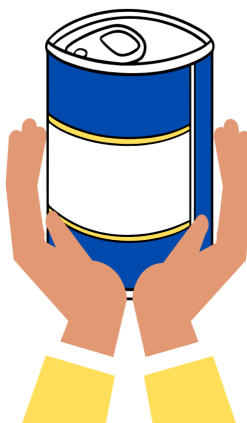
St. Vincent de Paul needs our help to stock their pantry! Next week, we will be collecting the following items:

- Canned tuna or chicken
- Cereal
- Mac & cheese
- Jelly
- Sugar
- Boxed side
- Flour
- Jiffy corn muffin mix

Your donations will go directly to families in need. Thank you for your support and generosity!

### ST. VINCENT DE PAUL

## FOOD DRIVE



CANNED TUNA/CHICKEN

CEREAL

MAC & CHEESE

JELLY

SUGAR

BOXED SIDES

FLOUR

JIFFY CORN MUFFIN MIX



# Cafeteria News

## My School Bucks

<https://www.myschoolbucks.com>

## Cafeteria Volunteers

We can always use helping hands in our cafeteria. Please see [THIS LINK](#) to volunteer to serve lunch. Parents and grandparents are welcome. The shift is from 10:30 - 12:30 and is a recurring monthly spot. Volunteers can start once they have completed the child protection packet and background check. If you would like to get background checked, email our Office Manager, Bethany Richard, at [brichard@stalphonsusbr.org](mailto:brichard@stalphonsusbr.org) for more information.

## Free/Reduced Lunch

Students who qualify can apply for **free/reduced price school lunches**.

If your student received free or reduced lunches during the **2024–2025 school year**, that benefit will **carry over into August**. However, **you must reapply** for the **2025–2026 school year** to continue receiving benefits. Click [HERE](#) for more information.

# Drama Club



The Drama Club is a club that students in grades 4th - 8th are eligible to join.

The goal of the Drama Club is to enrich the lives of our members through creativity, hard work and camaraderie. We meet twice a month on Thursdays.

The children have two performances per year. The first is our annual Christmas Play and the second is our Dinner Theater. Our meetings will begin **Thursday, September 4th** after school from 3:30 to 4:30 p.m. The students are to report to room 108 for the meeting. They will get a schedule for the rest of the year at this meeting.

Please remember to send a note or an email so that your child can stay after school for the meetings. We are looking forward to a great year with some wonderful performances!

Drama Moderators: Michelle Martone, Rachel Harper and Angie Alexander

## [Drama Club Schedule](#)

# Beginner and Advanced Band



The St. Alphonsus Beginner and Advanced Bands will be forming in **September**. Band is open to 4th-8th grade students interested in learning to play an instrument in a group setting. Please click [HERE](#) for more information. Click on the link to register <https://payit.nelnet.net/form/Rt7ZWEFv>



# SAS BOOK FAIR

The SAS Book Fair will be held September 8 – 12! Each student will be able to preview the book fair at the beginning of the week and then come back to the Book Fair as needed to purchase books. Payment options are cash, check, credit card, and Scholastic eWallet. The eWallet allows parents to load money into a virtual wallet, enabling students to spend it at the Book Fair without needing to send cash/checks to school. Unspent monies roll over to the next Book Fair. [Click here](#) for information on setting up an eWallet

We will once again host a Family Night on Monday, September 8, from 6 – 8 PM. Family Night allows parents to accompany students to the book fair and preview/purchase books for their children. We will have a spinning wheel for a chance to win a poster, books, bookmarks, erasers, or gift certificates to the book fair.

We cannot wait to see you there! Thank you for supporting our school library!

## Monday

8:45 - 9:15 - PKA

9:15 - 9:45 - PKB

9:45 - 10:15 - 5A

10:15 - 10:45 - 5B

11:15 - 11:45 - PK3B

11:45 - 12:15 - KB

1:15 - 1:45 - 2B

1:45 - 2:15 - 2A

6p - 8p - Family Night

## Tuesday

8:45 - 9:15 - PK3A

9:15 - 9:45 - 3A

9:45 - 10:15 - 3B

10:15 - 10:45 - 4A

10:45 - 11:15 - 4B

11:45 - 12:15 - KA

12:45 - 1:15 - 1A

1:15 - 1:45 - 1B

Wednesday -  
Middle School All  
Day During  
Reading Class

Thursday & Friday -  
Students May  
Reshop As Needed

Help our teachers build their classroom libraries! Last year, we had tremendous support from parents contributing to our Teacher eWallets. Below are the homeroom teachers' eWallet links. Please consider supporting our teachers' classroom libraries by contributing to their class eWallet!

**\*\*The below links are for the homeroom teacher eWallets only; this does not fund student**

**eWallets\*\***

[Mrs. Irene](#)

[Mrs. Alex](#)

[Mrs. Lonibos](#)

[Mrs. Glissman](#)

[Mrs. Debra](#)

[Mrs. Michelle](#)

[Mrs. Harrison](#)

[Ms. Fisher](#)

[Mrs. Nicosia](#)

[Mrs. Ashford](#)

[Mrs. Penton](#)

[Mrs. Weaver](#)

[Mrs. Wiebel](#)

[Mrs. Jada](#)

[Mrs. Jones](#)

[Mrs. Karen Hill](#)

[Mrs. Kelli Hill](#)

[Reading Lab](#)



**CLICK HERE TO  
VOLUNTEER AT  
THE BOOK  
FAIR!**





# Join The HIVE - Support SAS Athletics

Click [HERE](#) to become a MEMBER

## JOIN THE HIVE

# ST. ALPHONSUS ATHLETIC BOOSTER CLUB

Membership includes:

- 1 year-long athletic pass
  - 1 Hive t-shirt
  - Additional passes for \$40 each
- \*HIVE members can purchase extra passes for family members.*

## A Big Thank You to Our HIVE Sponsors!

We're incredibly grateful to our HIVE sponsors for their generous support of our athletic programs. This week, sponsor banners were displayed along the fence, a visible reminder of the community behind our athletic teams.



# Yearbook News

## 2024-2025 Yearbooks

Thursday, September 4th will be the last day to purchase a **2024-2025 yearbook**.

If you **did not order a yearbook last year**, now is your chance to secure one before they're gone!

Don't miss out — order yours today!

Click [HERE](#) to purchase.

## We Need Your Pictures

You can now upload and share your pictures to the yearbook site throughout the school year. Click on the link [YearbookShare.com](#) and enter the code 2454 to upload your pictures.

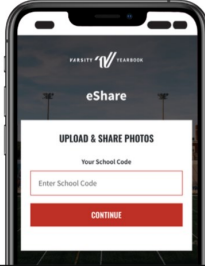

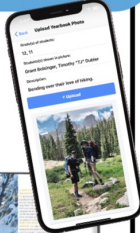
UPLOAD PHOTOS AT [YEARBOOKSHARE.COM](#)


**Yearbook staff** is looking for:  
your pictures for the SAS 2025-2026 Yearbook!

Submit photos with **eShare**.


Visit [YearbookShare.com](#) to upload photos from your own devices. Be sure to include details, such as names of students pictured, dates or the event title.

Photos you upload to eShare may be used in the yearbook!



USE THE QR CODE OR VISIT  
[YEARBOOKSHARE.COM](#)  
THEN, USE OUR SCHOOL CODE: 2454



**The Mission of  
St. Alphonsus  
Liguori  
Catholic School is  
to form students  
in the Catholic  
Faith  
spiritually,  
academically,  
physically, and  
culturally in an  
environment of  
academic  
excellence.**

## FRUITS OF THE SPIRIT PRAYER



**Dear Holy Spirit,  
Thank You for living in my heart.  
Help me grow Your beautiful fruits:**

Love – so I care for others  
Joy – so I smile even when life is hard  
Peace – so I stay calm and trust in You  
Patience – so I don't get upset  
Kindness – so I treat everyone like a friend  
Goodness – so I choose to do what's right  
Faithfulness – so I always follow You  
Gentleness – so I use soft words  
Self-control – so I make good choices

**Help me be more like Jesus every  
day. Mary, Mother of God, pray for  
me. All you holy angels and saints,  
pray for me too. Amen.**



# Welcome Back to School

The SAS Home and School Association is looking forward to serving you and your children this 2025-2026 school year. We cannot do this without your help! Our goal is to create a great year for all of our students and teachers while promoting a closer relationship between the school, home, and church. Your participation helps us to ensure a successful academic school year at all grade levels. As such, we are asking that you complete the signup below indicating where you may be able to volunteer by **August 29th, 2025**.

The Home and School board is busy coordinating various events this year and we cannot do this without your help! We are looking for some awesome volunteers to help chair some of our events. When signing up, please pay attention that you do not sign up to chair an event unless you want to.

Home and School will assist with all events but in order to add some new events, we need help chairing various events throughout the year. You do not have to be on the Home and School Board or a Room Mom to chair any events. Do know that if you sign up to chair an event, you will be expected to attend the event.

Included in this sign up is a request for volunteers to assist as Room Mother. Room Mothers assist the teacher as needed throughout the school year, coordinate with other classroom parents, assist with Christmas and Easter crafts (Pre K-5th Grades), arrange auction items for the St. Alphonsus Church Auction, etc. In order to be a room mother, you **must** meet the mandatory child protection requirements as outlined by the Diocese as instructed by the office. **Because spots are limited, signing up to volunteer does not guarantee a spot as Room Mom.** Please do not let this hinder you from volunteering, however, as there are many opportunities to volunteer in the classroom.

**There will be a mandatory Room Mom Meeting for those selected on Wednesday, September 17th.**

If you have any questions regarding any of these activities, please do not hesitate to contact us.

Click [HERE](#) to register

Thank you,  
Kourtney Rogers, President  
Cheree Case, Vice President  
Lacey Keller, Secretary  
Melanie Lejeune, Treasurer  
Tysha Reeves, Member At Large  
Casey Ebey, Member At Large





# TIPS FOR HELPING KIDS WITH SEPARATION ANXIETY

## Symptoms of Separation Anxiety

- Feeling upset when it's time to separate from a caregiver
- Refusal to participate in activities without a caregiver
- Physical symptoms like stomachaches and trouble sleeping in the time leading up to a separation from a caregiver
- Worry that harm will come to the caregiver when they are gone

## What To Say

- "It's okay that you're worried."
- "I will be back when..."
- "While I'm gone, \_\_\_\_ will take care of you."
- "While I'm gone, you will get to \_\_\_\_."
- "I love you."

## Things To Avoid

- Avoid shaming your child for their separation anxiety. Try not to say things like "stop being a baby" or "big kids don't cry."
- If possible, stick with your decision to go. Canceling your plans so you can stay with your child may make their separation anxiety worse.
- Don't be dishonest about how long you'll be gone.

## What To Do

- Keep your goodbyes short and sweet.
- Practice separating for small amounts of time, and then build up from there.
- If your child is going somewhere, allow them to take a small object or photo that feels familiar.
- Create a consistent drop-off routine so they know what to expect.

## Other Tips To Try

- Get on the same page as the person who will be caring for your child. Work together to create a plan for your child.
- Try to manage your emotions and stay calm. If your child senses that you are feeling upset or worried, they may have a harder time calming down.
- If the separation anxiety continues or gets in the way of their ability to do the things they enjoy, consider getting help from a professional.



Here is some information and helpful tips if the goodbyes are still a little difficult in the mornings.

For more help and information, please email [mbueche@stalphonsusbr.org](mailto:mbueche@stalphonsusbr.org).

[Parent School Counseling Request Form](#)

[Elementary Student Check-In Form](#)

[Middle School Student Check-In Form](#)





# 8th Grade & Kindergarten Buddies



At St. Alphonsus, we cherish the many traditions that bring our school community together throughout the year. One of the most meaningful is the 8th Graders and their Kindergarten Buddies. Each 8th grader is paired with a kindergartener for the school year, forming a bond through faith, fun, and shared activities.



From attending Mass together to celebrating school events, they create lasting memories. This tradition supports our young students and gives our 8th graders a chance to lead with love and responsibility—a beautiful reflection of our school community.



St. Alphonsus  
Catholic School

# HOPE

## YOUTH FEST

OUR LADY OF HOPE  
3167 Old 51 S. Osyka, MS

**OCTOBER 11, 2025**  
**YOUTH GROUPS / CATHOLIC SCHOOLS**  
**8TH - 12TH GRADE**

Music by:

**THE VIGIL PROJECT**  
MUSIC FOR THE CATHOLIC JOURNEY

Emcee  
**Deacon Michael Parker**

**COLIN AND AIMEE MACIVER**

**FATHER PAUL GROS**

**KATHLEEN HIGGINS**

REGISTER: [WWW.OURLADYOFHOPEMS.COM/YOUTH-FEST](http://WWW.OURLADYOFHOPEMS.COM/YOUTH-FEST)

## ST. ALPHONSUS

Don't miss the opportunity to learn about Catholicism.  
Together we grow in faith and love.

### THEOLOGY ON TAP

Sundays 6:00 -8:00 PM in the PAC  
(Nursery Available upon request)

Sept. 21, Deacon Don Allison  
"A Second Chance"

Oct. 26 John Fabre  
"Marian Apparitions"

Nov. 16 Fr. Miles Walsh  
"Heaven, Hell and Purgatory"

Jan. 18 Dr. Durwin Walker  
"Angels and Demons"

Feb. 1 Hunter Hardin  
"Eucharistic Miracles"

March 8 Deacons  
"Questions and Answers"

### Special presentation:

**Monday, Oct. 13, 2025 at 6:30 PM**  
**Les Housse "God and War: A study on the development of Catholic doctrine on war"**

### WISDOM WEDNESDAYS

Wednesdays 6:30 -8:00 PM in the PAC

Aug. 27 Fr. Tat Hoang  
"Becoming more hopeful The Method: Care"

Sept. 10 Fr. Tat Hoang  
"Becoming more hopeful The Method: Share"

Sept. 24 Frank R. Campbell  
Suicide Prevention Presentation

Oct. 8 Fr. Tat Hoang  
"Becoming more hopeful The Method: Dare"

Nov. 5 Fr. Jason Palermo  
"All about Confession"

Dec. 3 Fr. Jason Palermo  
"Is the Mass based on the Bible?"

Jan. 14 Steve Whitlow  
"Overview Road to Emmaus the Mass"

Feb. 11 Rhett Covington  
"Why we do what we do at Mass"

Deeper Understanding

Pray Together

Faith Growth



225-261-4644

[www.alphonsus.org](http://www.alphonsus.org)