



St. Alphonsus Catholic School

The Buzz

Forming Faith and Future

Kristy M. Monsour, Principal

November 6, 2025

UPCOMING EVENTS

- **November 7 -**
Veteran's Day
Mass
- **November 11 -**
Santa Pictures
- **November 13 -**
Progress Reports
- **November 14 -**
School Mass
- **November 19 -**
Spirit Dress
- **November 20 -**
Kindergarten
Thanksgiving 9:00
a.m.
- **November 21 -**
Grandparent's
Day 5th - 8th
Grade - 12:00 p.m.
Dismissal 5th-8th
Grade Only
- **November 24-
28 -** No School -
Thanksgiving
Break
- **December 1 -**
Students Return

Thanksgiving Holidays - NO SCHOOL on November 24th - 28th. We will return to school on December 1st.

Veteran's Day Mass

On **Friday, November 7th**, we will honor our veterans at a special Veteran's Day Mass. We warmly invite all veterans to join us and sit with their student(s) during the service.

Students may show their patriotic spirit by wearing a red, white, or blue shirt with their uniform bottoms or jeans for a \$1 donation. All donations will go to the **Blue Star Mothers of America - Geaux Seven Chapter**, who collect and ship care packages to our troops currently deployed overseas.

Thank you for helping us honor and support our veterans and active service members.

Petsgiving - Save the Date

We're excited to host our first ever Petsgiving! On **Thursday, November 20th**, families are invited to bring their four-legged family members through carpool for a special Petsgiving treat. It's our way of celebrating the season of gratitude with our beloved pets. We can't wait to see all the wagging tails and happy faces!

SAS Sweatpants/Winter Attire

It's exciting to finally get some cooler weather! See below for the SAS Handbook policy on SAS sweatpants. PLEASE - label all sweatshirts and jackets.

- SAS sweatpants may be worn to school on any day from November 1st through February 28th. Outside of this time period, the weather must be 50 degrees or lower at 7:45 a.m. to wear sweatpants. Once the sweatpants are worn to school, the student will not be allowed to remove the sweatpants. This includes P.E. and recess. The sweatpants must be worn with the school uniform shirt.



To help photo day run smoothly, we ask all families to read the directions carefully so every student's picture is taken on time.

PICTURES WITH SANTA

- Pictures with Santa will take place on **Tuesday, November 11th.**
- Order envelopes were sent home this week.
- If you would like your child(ren) to take a picture with Santa, please complete the picture envelope and return it to school by **Tuesday, November 11th.**
- When you complete your envelope, please indicate one of two options:
 1. Write "Individual Picture(s)" on the envelope if you would like your child(ren) to take picture with Santa alone.
 2. Write "Sibling Picture", and list the siblings names and homerooms on the envelope if you would like your children to take a sibling group picture.
- Send separate envelopes and payments for each individual picture needed.
- Send one envelope and payment, with the oldest child, for sibling/group pictures.
- If you would like younger siblings to be in the picture, these pictures will be taken first in the morning. Please drop off your child as usual and enter through the school office with siblings at 8:20 a.m.
- Pictures will be taken in the school library.
- If your child is taking a picture, they will need to arrive at school on time. We may not be able to accommodate photos for students who are late.

All students taking a picture with Santa will be allowed to wear "free dress" attire with the following guidelines:

- Students may wear "Sunday best", jeans, or Christmas attire, AS LONG AS THE CLOTHING IS APPROPRIATE IN LENGTH AND STYLE FOR SCHOOL.

***Keep in mind that students will remain in this attire for the school day. We will not allow students to change clothes before or after photos.*

- All shirts and dresses MUST have a sleeve.
- Shoes must be FLAT and have a back. Cowboy boots are not allowed. "Ugg boots" or winter boots are allowed as long as they do not have heels. (This is for safety!)
- If your child has P.E. on Tuesday, he/she must bring tennis shoes to participate.

Students not taking pictures with Santa have the option to wear regular spirit dress or a Christmas shirt with spirit dress guidelines.



BOWL GAMES

WARRIOR BOWL

SATURDAY 11/8 | ST. MICHAEL HIGH SCHOOL
3RD / 4TH GRADE 8:00 AM
5TH / 6TH GRADE 9:30 AM

BRUIN BOWL

SUNDAY 11/9 | CATHOLIC HIGH SCHOOL
7TH / 8TH GRADE 1:00 PM



2025 Warrior Bowl
Matchups! Games will be this Saturday,
November 8th starting at 8:00 a.m.
Gates will open at 7:15 a.m. Tickets
can be purchased online at [https://
app.i2tickets.com/b5f77f7b/event-
10646](https://app.i2tickets.com/b5f77f7b/event-10646) or at the gate.

This Sunday, CHS football will host the
annual Bruin Bowl at Dale Weiner
Field. Tickets are available
at i2tickets.com or at the gate for \$5
(NO CASH). All games will also be
streamed LIVE on the CHS YouTube
Channel.

ST. MICHAEL FOOTBALL 11.08.2025
CSAA 4TH AND 6TH GRADE CHAMPIONSHIP

WARRIOR 2025 BOWL

THE CRUSADERS VS **ST. GEORGE**
3RD AND 4TH 8AM 4TH

THE CRUSADERS VS **THE BIRDS**
5TH AND 6TH 9:30 AM 5TH AND 6TH

ST. ALOYSISUS VS **ST. GEORGE**
6TH 11:30AM 6TH

WARRIOR STADIUM
TICKETS \$7 | I2TICKETS OR AT THE GATE

BRUIN BOWL

CSAA 7TH AND 8TH GRADE CHAMPIONSHIPS

NOVEMBER 9, 2025

MBS/STM VS **SJV/ST. ALOPHONSUS** VS **ST. ALOYSISUS** VS **ST. JOHN/HOLY FAMILY** VS **ST. GEORGE** VS **ST. THERESA/AC**

1:00 pm 3:30 pm 6:00 pm

TICKETS: I2TICKETS.COM OR \$5 AT THE GATE (NO CASH) | LIVE STREAM ON CHS YOUTUBE PAGE (@CATHOLICHIGHBR)



St. Alphonsus Church and School Christmas Craft Show and Festival



- **Save the Date:** December 5th and 6th
- **Vendors Welcome for One or Both Days**
- **Vendor Cost:** \$50 for both days
- **Location:** St. Alphonsus Parish Activity Center (PAC)
- **Festival Times:** Friday: 12:00-7:00 p.m.
Saturday: 11:00 a.m. - 8:00 p.m.
(After the Central Parade)

Email Lynette or Vicki to Register
lynetteshaffett7@gmail.com
gramps00543@cox.net

****More information to come
on additional festival
activities and sponsoring
groups.**

Register Here



Calling all Vendors!

We are excited to announce that the **Hornet Holiday Market** will take place on **Friday, December 5, and Saturday, December 6** at the St. Alphonsus Parish Activity Center!

If you would like to set up a booth to sell your items at this festive event, please use the link below to register:

[Register Here](#)

Proceeds from vendor registration will benefit the **St. Alphonsus Home and School Association**, helping us continue to support our students, teachers, and school community.

We would love to have you join us and share your products with our families and friends during this special holiday tradition!

**The Mission of
St. Alphonsus
Liguori
Catholic School is
to form
students in the
Catholic Faith
spiritually,
academically,
physically, and
culturally in an
environment of
academic
excellence.**

FRUITS OF THE SPIRIT PRAYER

Dear Holy Spirit,
Thank You for living in my heart.
Help me grow Your beautiful fruits:

Love - so I care for others
 Joy - so I smile even when life is hard
 Peace - so I stay calm and trust in You
 Patience - so I don't get upset
 Kindness - so I treat everyone like a friend
 Goodness - so I choose to do what's right
 Faithfulness - so I always follow You
 Gentleness - so I use soft words
 Self-control - so I make good choices

Help me be more like Jesus every day. Mary, Mother of God, pray for me. All you holy angels and saints, pray for me too. Amen.





TIPS FOR HELPING KIDS UNDERSTAND THEIR EMOTIONS

Why It Matters

We all experience many different emotions each day. Being able to recognize and identify these emotions make it easier to:

- Control and manage our emotions
- Identify the emotions of others
- Tell others how we feel
- Be compassionate to others
- Remember that emotions don't last forever
- Understand what you like and don't like
- Feel comfortable with the different emotions you have

Activity Ideas

- Choose a "feeling of the day/week." During that time period, talk about what might cause someone to feel that way and when you've felt that way. Then, have each person in the family try to really pay attention to when they feel that way during the week. You can also try to notice when the people around you are feeling that way.
- Make a feelings chart with your child. Together, think of different feelings and draw, or have your child draw, pictures of each one. You could also make a feelings chart with photos of your child acting out each emotion.
- Make it a habit to do a feelings check-in as a family. You can do this any time, or during regular routines like before bed, during dinner, or while you're in the car.
- Look at characters in books, movies, and shows and talk about how you think they are feeling. Talk about why you think they are feeling that way.



Talk About It

Here are some discussion questions to help your child grow in this area:

- "It seems like you might be feeling _____. Is that right?"
- "How are you feeling right now?"
- "Why do you think it's important to know how you're feeling?"
- "Is it easy or hard for you to talk about how you're feeling?"

Other Tips

- Model this skill for your child. When appropriate, share how you're feeling and why.
- The best time to work on helping your child understand their emotions is when they are calm. This makes it easier to practice and become more comfortable with the skill.

©Counselor Chelsey

Morgan Bueche
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[Parent School Counseling Request Form](#)
[Elementary Student Check-In Form](#)
[Middle School Student Check-In Form](#)



St. Alphonsus
PETSGIVING

**THURSDAY,
NOVEMBER 20TH**

BRING YOUR FOUR-LEGGED FAMILY MEMBER THROUGH CARPOOL FOR A SPECIAL "PETSGIVING" TREAT!

JOIN US AS WE HONOR
OUR HEROES

ST. ALPHONSUS
VETERANS DAY MASS

SUNDAY 9 NOVEMBER
2025 @ 12:00 NOON

St. Alphonsus Liguori Catholic Church
14040 Greenwell Springs, LA. 70739

Volunteers Needed

We need your help mentoring and just hanging out with our Lightkeepers' Youth Ministry

BENEFITS

- Helping our youth grow in their Faith
- Share your knowledge and experiences
- Help you grow in your Faith
- You don't have to be present every Sunday; however, you will get more out of it if you do

More information : ☎ 408-2088 🌐 linktr.ee/alphonsuslighthouse

Lightkeepers Youth Ministry

Join us for a F.U.N. night of faith, unity, and nourishment. We will have a guest speaker, Mr. Les Hausse, playing human battleship, and hanging with friends, new and old.

What's on the Menu

- Roast Beef Sliders
- Potato Salad
- Dessert

Hayride at the Fall Fest

Halloween Party
Costume Contest WINNERS!!
Gage Coston,
Rhett Potts, and Summer Calhoun

☎ 408-2088 🌐 linktr.ee/alphonsuslighthouse 📍 at the Lighthouse



Lady Warrior Volleyball Holiday Clinics



Scan to Register

November 24 & 25

Clinic I

Serving

8am-9am

\$45

Clinic II

9am-11am

\$100

December 29 & 30

Clinic I

Setting & hitting

8am-9am

\$45

Clinic II

9am-11am

\$100



4th-8th grade students

OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE
OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE OPEN HOUSE

CHS
CATHOLIC HIGH SCHOOL

**OPEN HOUSE
NOVEMBER 13TH**

CATHOLICHIGH.ORG/OPENHOUSE