

St. Alphonsus  
Junior Varsity Squad  
Cheer Packet  
2025 - 2026



# Junior Varsity Cheerleading Squad Information Packet

Dear Parents and Cheerleaders:

Thank you for showing interest in St. Alphonsus cheerleading! We are excited about next year and look forward to having a fun and successful season. Being a cheerleader is both an honor and a privilege. As representatives of our school, all squads exist to promote wholesome, enthusiastic school spirit and good sportsmanship. Because of these responsibilities, all cheerleaders are expected to uphold a higher standard of behavior both on and off campus, as well as strive for academic excellence.

**The JUNIOR VARSITY squad is open to students entering the 5<sup>th</sup>-8<sup>th</sup> grades in the 2025-2026 school year and that placement will be determined following registration and tryouts. Current 4<sup>th</sup> graders will not participate in tryouts and are automatically placed on the JV squad.**

*More information for your daughter's specific squad will be sent out following registration.*

Many long hours will be required for practice, cheering at football and basketball games, pep rallies, and various school activities. Please remember academics come first, then cheerleading for St. Alphonsus School. Missing multiple practices and/or games for other cheer squads, dance, sports, etc. will result in demerits and affect the cheerleader's role on the squad. If currently a member of or plan to join a competition squad whose practices and/or competition dates conflict with the SAS cheerleading schedule, the student should reconsider signing up for the SAS squad.

The following pages of the packet contain information that should be reviewed prior to registering and committing to SAS cheer. This includes financial details, cheer year timeline, and cheerleader expectations/squad rules.

To register your daughter for SAS cheer, please complete the online registration form, which can be found on the school website under Athletics → Cheer, by **Friday, April 18<sup>th</sup>**. **The \$95 registration fee must be paid via FACTS and is also due by Friday, April 18<sup>th</sup>**.

*\*\*Students must be registered for the 2025-2026 school year and all financial payments must be met\*\**

Thanks you,  
Morgan Bueche  
SAS Cheer Director

## JR & JV CHEER TIMELINE 2025-2026

<p style="text-align: center;"><u><b>April</b></u></p> <p>Registration due <b>April 18<sup>th</sup></b></p> <p>JUNIOR VARSITY (5th) Fitting <b>Tuesday, April 29<sup>th</sup> @ 5:00pm in the library</b></p>	<p style="text-align: center;"><u><b>May</b></u></p> <p>Uniform payments due <i>TBD</i></p>	<p style="text-align: center;"><u><b>June</b></u></p> <p>Uniform payments due <i>TBD</i></p>	<p style="text-align: center;"><u><b>July</b></u></p> <p>Camp fee due - <b>July 15<sup>th</sup></b></p> <p>Camp - <b>July 21 &amp; 22</b> from 8:30am-4:30pm @ St. Alphonsus gym</p>
<p style="text-align: center;"><u><b>August</b></u></p> <p>Practice <b>Tuesdays after school until 5pm</b></p>	<p style="text-align: center;"><u><b>September</b></u></p> <p>Football games <b>Sunday afternoons</b> begin mid-Sept</p> <p>Practice</p>	<p style="text-align: center;"><u><b>October</b></u></p> <p>Football games <b>Sunday afternoons</b> begin mid-Sept</p> <p>Girls basketball games <i>(non-bball players only)</i></p> <p>Practice</p>	<p style="text-align: center;"><u><b>November</b></u></p> <p>Practice <i>(Thursday practice week of pep rally)</i></p> <p>Pep Rally</p>
<p style="text-align: center;"><u><b>December</b></u></p> <p>Practice</p> <p>Boys basketball games <i>*home games only *tournament - weekend early to mid December</i></p>	<p style="text-align: center;"><u><b>January</b></u></p> <p>Practice</p> <p>Boys basketball games</p>	<p style="text-align: center;"><u><b>February</b></u></p> <p>Practice</p> <p>Boys basketball games</p>	<p style="text-align: center;"><u><b>March</b></u></p> <p>Practice <i>(Thursday practice week of pep rally)</i></p> <p>Pep Rally</p>

## Junior Varsity Squad

### \*\*\*ESTIMATED COSTS\*\*\*

\$95 Registration Fee

#### ITEMS PURCHASED FROM VARSITY SPIRIT:

Uniform (top & skirt)	\$125
Bloomers	\$17
Midriff Bodysuit	\$26
Bow	\$12
Backpack	\$32
Poms (1 blue, 1 gold, 1 red)	\$14 each

#### ITEMS PURCHASED FROM BSN SPORTS:

Camp/Practice Shirt	\$18
Camp/Practice Bottoms	\$20
School approved game day shirt	\$18 ( <i>can be purchased in August</i> )

Shoes \$75

\*cheer shoes can also be purchased from Academy, Dicks Sporting Goods, Amazon, etc.

Camp \$50

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**\$435**

### **Fee Dates**

\$95 Registration Fee due APRIL 18<sup>TH</sup>

\$50 Camp Fee due JULY 15<sup>th</sup> (paid via FACTS)

Uniform Payments due in May-June

## Important Upcoming Dates to Remember:

**Registration Due:** Friday, April 18<sup>th</sup>

**Uniform fitting:** JUNIOR VARSITY Squad - Tuesday, April 29<sup>th</sup> at 5:00pm  
*\*\*in school library*

**Camp:** Monday, July 21 & Tuesday, July 22 from 8:30am - 4:30pm  
*\*\*SAS gym*