



St. Alphonsus Catholic School

The Buzz

Forming Faith and Future

Dr. Cynthia C. Ryals, Principal

September 28, 2023

UPCOMING EVENTS

- September 29 - School Mass
- October 3 - Hornet Run Turn in Day
- October 4 - Living Rosary 8:30 a.m.
- October 5 - Drama Club Meeting
- October 6 - No School Mass

The Mission of St. Alphonsus Liguori Catholic School is to form students in the Catholic Faith spiritually, academically, physically, and culturally in an environment of academic excellence.

Fall Break - There will be **NO SCHOOL** on Monday, October 16th. We will return to school on Tuesday, October 17th.

Hornet Fun Run

Tuesday was the Hornet Fun Run "kickoff". Everyone is super excited about this fun day! Your help is greatly appreciated as this is our one and only fundraiser for the school. Because an outside agency is not used for this event, **100%** of the profits come to the school. Tuition funds only a fraction of our budget here at St. Alphonsus School. The Hornet Fun Run assists with what tuition does not cover. It also assists with our school resource officer salary and future needs of the school as assessed in the strategic planning process. We are looking forward to another successful Hornet Fun Run for our awesome school.



Class Pictures

Please click on the link below to order your students class pictures. The deadline to order without a shipping charge is Friday, October 6th.

The access code is SAS2023

<https://v2.myproimages.com/eric-frank-photography-llc-2208>



Red Ribbon Week

October 30th – November 3rd

The Red Ribbon organization serves as a catalyst to mobilize communities to educate youth and encourage participation in drug prevention activities. This year our Red Ribbon Week will be held from October 30th – November 3rd. During this week, we will have various dress days and activities for the students.



**Please note that all dress days are optional. Students may wear regular spirit dress or regular school uniforms if they do not wish to participate in the specific Red Ribbon dress day.

- **Monday, October 30th - Red Ribbon Kickoff Assembly - Ready to be Drug Free:** Students may wear a red shirt with spirit dress guidelines.
- **Tuesday, October 31st - Say Boo to Drugs:** Students may wear a school appropriate Halloween shirt with spirit dress guidelines. No costumes or face paint.
- **Wednesday, November 1st - My Future is Drug Free:** Students may wear a college shirt with spirit dress guidelines or spirit dress.
- **Thursday, November 2nd - Drugs Can't Find Me:** Students may wear a camo shirt with spirit dress. No face paint.
- **Friday, November 3rd - Hornet Run: We are Hornet Strong Against Drugs:** Students will wear their Hornet Run shirt with uniform bottoms or SAS PE shorts. No other shorts will be allowed.

Happy 60th Birthday SAS



Happy 60th Birthday to St. Alphonsus Liguori School! We are excited to begin planning some activities to celebrate 60 wonderful years of Catholic education. One of the ways will be to get in touch with all of our past students. Please use the link to be in our alumni database. We would also like you to share your favorite memory from your time at St. Alphonsus <https://forms.gle/do4ephfWaDGc2LUn6> . We will be sharing this link on Facebook, but please share with other alumni of the school. We are looking forward to hearing from our past students!

Athletic News

Football

Come show your support for our boys' football teams this weekend!

Sunday, October 1st:

3rd and 4th grade play at Catholic of Pointe Coupee at 1:00 p.m.

5th and 6th grade play at Most Blessed Sacrament at 1:30 p.m.

7th and 8th grade play at Most Blessed Sacrament at 3:00 p.m.





OCTOBER 2023

Elementary Menu



Monday

Chicken Tenders
Red Beans and Rice
Garden Variety Veggies
Pineapples
Biscuit

2

Choice: Pizza
Power Cup

Honey Citrus Chicken
Fried Rice
Garden Variety Veggies
Pineapples

9

Choice: Pizza
Power Cup

Chicken Smackers
Spaghetti and Cheese
Garden Variety Veggies
Cauliflower with Cheese
Mixed Fresh Fruit

16

Choice: Pizza
Power Cup

Chicken Tenders
Red Beans and Rice
Garden Variety Veggies
Pineapples
Biscuit

23

Choice: Pizza
Power Cup

Honey Citrus Chicken
Fried Rice
Garden Variety Veggies
Pineapples

30

Choice: Pizza
Power Cup

Tuesday

Soft Tacos
Taco Salad Cup
Pinto Beans
Salsa
Garden Variety Veggies
Sorbet Cup

3

Choice: Chicken Smackers
Power Cup

Spaghetti and Meatballs in Sauce
Garden Salad
Garden Variety Veggies
Orange Wedges
Garlic Bread Stick

10

Choice: Chicken Smackers
Power Cup

Hamburger/Cheeseburger
Lettuce and Pickle Cup
French Fries
Garden Variety Veggies
Tropical Fruit

17

Choice: Chicken Smackers
Power Cup

Soft Tacos
Taco Salad Cup
Pinto Beans
Salsa
Garden Variety Veggies
Sorbet Cup

24

Choice: Chicken Smackers
Power Cup

Eyeball Pasta
Graveyard Garden Salad
Garden Variety Veggies
Orange Wedges
Garlic Bread Stick
Halloween Cupcake

31

Choice: Chicken Smackers
Power Cup

Wednesday

Chicken Potato Bowl
Garden Variety Veggies
Red Apple Wedges
Dinner Roll

4

Choice: Chef Taco Salad
Power Cup

BBQ Pulled Pork Sandwich
Baked Beans
Garden Variety Veggies
Tropical Fruit

11

Choice: Chef Caesar Salad
Power Cup

Gumbo
Potato Salad
Garden Variety Veggies
Sorbet Cup
Dinner Roll

18

Choice: Chef Chicken Smacker Salad
Power Cup

Chicken Potato Bowl
Garden Variety Veggies
Red Apple Wedges
Dinner Roll

25

Choice: Chef Taco Salad
Power Cup

Thursday

Pepperoni or Cheese Pizza
Garden Variety Veggies
Garden Salad
Diced Peach Cup

5

Choice: BBQ Pork Fries with Cheez its
Power Cup

Pastalaya
Garden Salad
Garden Variety Veggies
Sorbet Cup

12

Choice: BBQ Pork Fries with Cheez its
Power Cup

Chicken Parmesan with
Spaghetti
Garden Salad
Garden Variety Veggies
Diced Peaches
Garlic Bread Stick

19

Choice: BBQ Pork Fries with Cheez its
Power Cup

Pepperoni or Cheese Pizza
Garden Variety Veggies
Garden Salad
Fresh Fruit

26

Choice: BBQ Pork Fries with Cheez its
Power Cup

Friday

Chicken Filet on Bun
Tator Tots
Lettuce and Pickle Cup
Garden Variety Veggies
Diced Pears

6

Choice: Pizza
Power Cup

Nachos
Nacho Salad Cup
Salsa
Mexican Corn
Garden Variety Veggies
Orange Wedges

13

Choice: Pizza
Power Cup

Macaroni and Cheese
Green Beans
Garden Variety Veggies
Strawberry Applesauce

20

Choice: Pizza
Power Cup

Chicken Filet on Bun
Tator Tots
Lettuce and Pickle Cup
Garden Variety Veggies
Diced Pears

27

Choice: Pizza
Power Cup

Notes: Menus are subject to change. All meals are served with a choice of milk.

Notification Statement: Peanuts and Peanut butter are not purchased for meals produced by the Baton Rouge Diocese Child Nutrition Program; however, some products served may contain nuts, may be produced in plants that use nuts and may contain traces of nuts.





SAVE THE DATE

ST. MICHAEL THE ARCHANGEL HIGH SCHOOL

OPEN HOUSE

OCTOBER 25, 2023

REGISTER AT WWW.SMHSBR.ORG

8TH GRADE GIRLS FROM

ST. ALPHONSUS

ARE INVITED TO

Spend the Day at SJA
OCTOBER 16, 2023

Eighth-grade girls are invited to learn about our curriculum; talk to teachers and students; see classrooms in action; get information about our athletic program, student clubs and organizations; and get answers to all your questions.

Drop off: 8 a.m.
Pick up: 2 p.m.
Mother Alice Hall circle
driveway
(3080 Kleinert Avenue)

Wear your school uniform, and prepare to discover for yourself why St. Joseph's Academy is so special.

To RSVP, please visit www.visitsja.org and look for Spend the Day at SJA.

We can't wait to meet you!

JOIN US FOR

2023 Open House

Register at visitsja.org



St. Joseph's Academy
Est. 1868

THURSDAY, OCTOBER 19 | 3:30-7 p.m.
For Girls in Grades 6-8 and Their Parents



Tour

Tour campus with Student Ambassadors.



See

See performances and demonstrations showcasing the arts, academics, sports medicine and the STEM Lab.



Watch

Watch technicians at work in our student-run Help Desk.



Visit

Visit with teachers and administrators.



Enjoy

Enjoy performances by the SJA cheerleaders, SJA/Catholic High band and the Red Steppers competition dance team.

LEARN ALL ABOUT WHAT
MAKES THE ACADEMY

So Special.



Founded in 1868 by the Sisters of St. Joseph. | St. Joseph's Academy has a non-discriminatory admissions policy.
3015 Broussard Street | Baton Rouge, LA 70808 | (225) 383-7207 | www.sjabr.org