



St. Alphonsus Catholic School

The Buzz

Forming Faith and Future

Kristy M. Monsour, Principal

April 10, 2025

UPCOMING EVENTS

- **April 10 -**
Drama Club
Dinner Theater
7:00 p.m.
- **April 11 -** Field
Day / 1:00 p.m.
Dismissal
- **April 11-13 -** SAS
Volleyball
Tournament
- **April 14 -** Way of
the Cross 7:00
p.m.
- **April 15 -** Way of
the Cross 9:00
a.m.
- **April 16-17 -** 8th
Grade Mobile
Classroom
- **April 17 -**
Progress Reports
- **April 18-25 -**
Easter Holiday -
No School
- **April 28 -**
Students Return

Principal for the Day

On **Monday, April 14**, Principal for the Day, Eli Johnson, has declared a free dress day for all! Students and faculty may wear jeans or school appropriate sweatpants and a shirt of their choosing and fun socks. All shirts must have sleeves. Also, hats may be worn on Monday, but will need to be removed in the classroom.



Principal Johnson has also declared Monday night to be a no homework night! Enjoy some family time!

Thank you to the Johnson family for your support of the St. Alphonsus Auction.

Drama Club Dinner Theater

The St. Alphonsus Drama Club will be performing "Beauty and the Beast" for our annual Dinner Theater. Join us **tonight** at 7:00 p.m. in the Parish Activity Center (PAC). We will be serving jambalaya, white beans and coleslaw. Admission will be \$10.00. Please come out and support our Drama Club and enjoy "Dinner and a Show."



Welcome Ceci Hill



We are proud to welcome, Cecile Gernant Hill to St. Alphonsus as our new Dean of Students and Athletic Director for the 2025-2026 school year. Ceci is an alumni of St. Alphonsus and is coming to us from Central Middle School. Her husband, Austin, is also a former student of St. Alphonsus. Their son, Gregory, will be attending St. Alphonsus in PK 3 as well. Thank you for welcoming Ceci into our wonderful community. She is so excited to come back home!



Field Day

Field Day will be on **Friday, April 11th**. Opening ceremonies will begin at 8:30 a.m. Students will be dismissed at 1:00 p.m. and there is **NO aftercare**. Parent volunteers are needed. Please click [HERE](#) to sign up to volunteer for field day.

**This year we will have Kona Ice at field day. Students will need to bring \$3 to purchase a snowball.*

Please see page 4 for some **"Tips for Helping Kids Practice Good Sportsmanship."

Field Day Schedule

	Pre-K3	Pre-K4	K	1st	2nd	3rd
9:00-9:20		50 yd.dash	Penguin Race	Softball Toss	Tug-O-War	Spoon Race
9:20-9:40	50 yd.dash	Tug-O-War	Softball Toss	3 Leg Race	Spoon Race	Wheelbarrow
9:40-10:00	Break	Spoon Race	Break	Tug-O-War	50 yd.dash	Softball Toss
10:00-10:20	Tug-O-War	Break	50 yd.dash	Break	3 Leg Race	Free Throw
10:20-10:40	Spoon Race	Penguin Race	Tug-O-War	50 yd.dash	Wheelbarrow	Break
10:40-11:00	LUNCH	Softball Toss	Spoon Race	Penguin Race	Break	Tug-O-War
11:00-11:20		LUNCH	LUNCH	Break	Softball Toss	50 yd.dash
11:20-11:40				LUNCH	Penguin Race	3 Leg Race
11:40-12:00					LUNCH	Penguin Race
12:00-12:20						LUNCH
12:20-12:40						
12:40-1:00						

	4th	5th	6th	7th	8th
9:00-9:20	Free Throw	3 Leg Race	Team Skier	Wheelbarrow	Broadjump
9:20-9:40	Penguin Race	Break	Free Throw	Broadjump	Team Skier
9:40-10:00	Wheelbarrow	Ring Toss	Broadjump	3 Leg Race	Penguin Race
10:00-10:20	Ring Toss	Wheelbarrow	Penguin Race	Break	Softball Toss
10:20-10:40	Break	Free Throw	3 Leg Race	Softball Toss	Break
10:40-11:00	3 Leg Race	50 yd. dash	Wheelbarrow	Team Skier	Free Throw
11:00-11:20	Tug-O-War	Broadjump	Break	Penguin Race	3 Leg Race
11:20-11:40	Softball Toss	Tug-O-War	50 yd. dash	Free Throw	Break - P
11:40-12:00	50 yd.dash	Softball Toss	Tug-O-War	Break - P	Wheelbarrow
12:00-12:20	LUNCH	Penguin Race	Softball Toss	Tug-O-War	50 yd. dash
12:20-12:40		LUNCH	LUNCH	50 yd. dash	Tug-O-War
12:40-1:00				LUNCH	LUNCH

2025-2026 School Year News

- Mark your calendars! The first day of school for the 2025-2026 school year will be on **Thursday, August 7th!**
- Before purchasing PE uniforms and spirit shirts, please note that we will have a new design for next school year. More information on purchasing will be coming soon. Students will be able to wear the old ones for the next school year but will be phased out for the 2026-2027 school year.
- Order your K-8th grade student's school supplies for the 2025-2026 school year today! The deadline to order is **July 1st**. Scan the QR code or click [HERE](https://1stDaySchoolSupplies.com) to order.



***The Mission of
St. Alphonsus
Liguori
Catholic School is
to form students
in the Catholic
Faith
spiritually,
academically,
physically, and
culturally in an
environment of
academic
excellence.***

Armor of God Prayer

I put on the helmet of salvation to guard my mind. I think the thoughts of Jesus.

I put on the breastplate of righteousness to guard my heart. I am righteous in Jesus.

I put on the belt of truth. I don't believe any lies, and I don't tell any either.

I put on the Gospel shoes of peace because I am on a mission for Jesus.

I take the shield of faith to stop all the darts of the enemy.

I take the sword of the Spirit, which is the Word of God, and I defeat the devil.

Amen

TIPS FOR HELPING KIDS PRACTICE GOOD SPORTSMANSHIP

Be Clear About What Sportsmanship Is

Teaching kids about what sportsmanship is (and what it's not) will help them know what is expected of them. A definition of sportsmanship is "respecting yourself, other players, coaches, and officials, regardless of whether you win or lose." Here are some examples of what that looks like during and after the game.

What to do when you are playing:

- Follow the rules.
- Be kind and encouraging to your teammates and the people you are playing against.
- Listen to the referees or judges.
- Help any players who are hurt.
- Keep trying even if you are losing.

What to do when you win:

- Don't brag to the other team or players about winning.
- Give the other team or players space to calm down if they are upset.
- Tell the other team or players, and your own teammates, "good job."
- If possible, wait to celebrate until you are away from the losing team.

What to do when you lose:

- Kindly congratulate the other team.
- Be kind to yourself, your teammates, your opponents, and the officials.
- If you are upset, take deep breaths, or go to a quiet area to calm down.
- Remind yourself that it's okay to lose, and that you can learn from any mistakes you made.

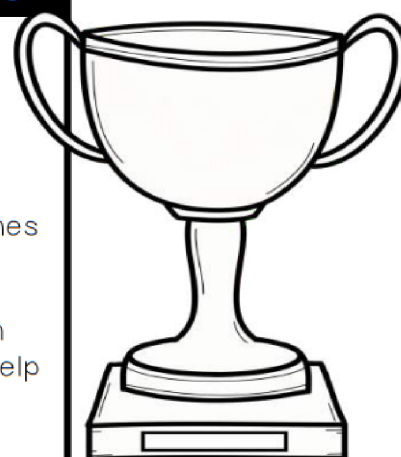
Practice With Fun Activities

Sportsmanship is a skill that can be developed with time and practice. Try playing games with your child that have many chances to win or lose within the game. Some examples include:

- Chutes and Ladders • Spot It! • Sorry or Trouble

Your child can also learn about sportsmanship by watching games or sports. Watch your child's favorite sport or game with them and look for examples of good sportsmanship.

To add some fun, you can make it a competition to see who can notice the most examples of positive sportsmanship. This will help your child become more aware of it and may also give them a chance to practice being a respectful winner or loser!





Cheer Registration

Cheer registration for the 2025/26 school year is now **OPEN**. This is for girls entering grades 3rd-8th next year!

Important upcoming dates:

- Tryout clinics for students going into 6th-8th grade are **April 28th & 29th** after school.
- Cheer tryouts are on **Thursday, May 1st** immediately after school.
- The deadline to register is **Friday, April 18th**

[Information Packets](#)

[Registration for 3rd-5th grade](#)

[Registration for 6th-8th grade](#)



Summer Camp

for our future Hornet cheerleaders

May 28th - 30th

8am to 12pm

@ SAS Gym

\$115 per camper (includes shirt and set of poms)
open to SAS students going into pk4 - 2nd grade

CLICK [HERE](#) TO REGISTER!

REGISTER BY MAY 2nd to receive shirt & poms the first day of camp



Hosted by St. Alphonsus Cheer
Contact Morgan Bueche for information
mbueche@stalphonsusbr.org



FREE PHYSICAL DAY

GAME DAY PREP

SATURDAY, MAY 10 7AM - NOON

WHAT TO BRING

- Completed LHSAA physical form with parent or guardian signature (Part 1, Page 1)

THANK YOU TO OUR PARTNER



AGE GROUP
MIDDLE SCHOOL & HIGH SCHOOL

Registration Fee
FREE

LOCATION 8080 Bluebonnet Blvd., BR, 70810

REGISTRATION brortho.com/physicals

Volleyball

Join us in the Family Center to cheer on our volleyball teams this weekend!

[SAS Volleyball Tournament](#)
[St. George Volleyball Tournament](#)

Click [HERE](#) for the volleyball schedule!



Festival of Two Rivers T-shirt

Students may wear their Fair T-Shirt with Spirit Dress guidelines any Wednesday or Friday leading up to the festival. T-shirts may be worn with uniform pants/shorts/skirts OR jeans (tucked in with belts if worn with jeans). See the form below or click [HERE](#) to order a fair shirt.

ST. ALPHONSUS PARISH COMMUNITY

2025

FESTIVAL OF TWO RIVERS

T-SHIRT ORDER FORM



Please return the completed form with payment to the school office.

Checks should be made payable to **St. Alphonsus Church Fair**.

T-shirts may also be ordered online at <https://alphonsus.org/>

Name: _____

Phone #: _____ Homeroom at SAS: _____

YOUTH T-Shirt Sizes - \$16.00:

_____YXS(4-5) _____YS (6-8) _____YM (10-12) _____YL (14-16)

ADULT T-Shirt Sizes - \$16.00:

_____AS _____AM _____AL _____AXL

ADULT – T-Shirt Sizes - \$20.00:

_____2XL _____3XL

Total # of Shirts Ordered: _____

Students may wear their Fair T-Shirt to school every Wednesday and Friday until the fair.



ST. ALPHONSUS 1ST ANNUAL GOLF TOURNAMENT FUNDRAISER

APRIL 11, 2025

**COPPERMILL GOLF COURSE
ZACHARY, LA**

PRESENTED BY



**Knights of
Columbus**

COUNCIL #2807

SPONSORSHIP LEVELS

\$750 Company Sponsor
\$650 Foursome
\$150 Hole Sponsor
\$500 Beverage Cart
...and more opportunities on
website.

SINGLE PLAYER COST

\$175

REGISTER TODAY

www.kofc2807golf.com
225-369-7071



AGENDA

7:30 AM Registration
8:30 AM Shotgun Start

KIDS IN MINISTRY

EGG-STRAVAGANZA

Sunday, April 13, 2025 at 1-3 PM
In the Parish Activity Center



Scan here or go to alphonsus.org to register:



Kids in Ministry is
collecting prefilled eggs
for our annual Easter
Eggstravaganza.
Register your family for
the event [HERE](#).

Inka's

U N I F O R M S



The best quality school uniforms.
Great customer service.



Our girls plaid items are made with our
unique **UPSCALE** growth features that
lets the garment grow with your child.

SAVE 20% in April

SAVE 15% in May

SAVE 10% in June

FREE Alterations

April 21st—26th, 2025

Inka's Uniforms only (new or used)

Limit 10 Items per customer

inkas-uniforms.com



11626 Sherwood Forest Court

celebrating
35 Years



great summer camps for girls
Boys are invited to attend some
Technology Camps

Registration opens
February 28
at sizzlingsummer.org!



ATHLETICS

Volleyball, Basketball, Cheerleading,
Softball, Fitness Training, Soccer,
Self Defense



ARTS

Art, Theater, Media Arts, Dance



THEMED DAY CAMPS

Adventures in Fairy Tales, Camping
with the Stickers, Aloha Summer,
Holiday Extravaganza, Around the
World in Five Days



ENRICHMENT

Cooking, Baking, Sewing, Knitting, CPR
& First Aid, Scrapbooking, Self-Care,
Astronomy & Space, Happiest Camp
on Earth, IMPACT: Inspire, Mentorship,
Personal Growth, Adventure, Community,
Team Building, Summer Swifties



ACADEMICS

Study Skills, Spanish, Algebra I Prep,
Algebra II Prep, Geometry Prep,
Creative Writing, Math Facts



TECHNOLOGY

Keyboarding, Gaming, eSports, Variety
of STEM camps



CAMPS OPEN TO INCOMING FRESHMEN

Basketball, Volleyball, Geometry Prep,
Algebra I Prep, Algebra II Prep, Cooking,
Dance, CPR & First Aid, Keyboarding,
Baking

Please contact Victoria Hudson at (225) 388-2209 or camps@sjabr.org for more
information on camps and limited financial assistance.

ST. JOSEPH'S ACADEMY | 3015 BROUSSARD STREET | BATON ROUGE, LA 70808