



# St. Alphonsus Catholic School

## The Buzz

*Forming Faith and Future*

Kristy M. Monsour, Principal

August 21, 2025

### UPCOMING EVENTS

- **August 22 -**  
School Mass /  
Middle School  
Dance 7:00-9:00  
p.m.
- **August 27 -**  
Spirit Dress
- **August 29 -**  
School Mass /  
1:00 p.m. Dismissal  
- No Aftercare
- **September 1 -**  
Labor Day - No  
School
- **September 5 -**  
School Mass
- **September 8-12**  
- Book Fair Week
- **September 8 -**  
Book Fair Family  
Night
- **September 9 -**  
Picture Retakes  
and Class Pictures
- **September 11 -**  
Progress Reports

\*On August 29th, students will dismiss at 1:00 p.m. There will be NO AFTER-CARE on this day; however, buses will run.

## Spirit Dress Guidelines



**Spirit T-shirt** – Spirit shirts can be purchased at Cross Threads in Central. No other SAS shirts can be worn on “spirit dress” days. They may be worn with school uniform shorts (navy or plaid) or the following:

**Jeans** – Long, solid blue color. No decorations, embellishments, writings, or prints, and must be worn at the waist. No dragging hemlines, rips, tears, frayed hemlines or seams. Girls must wear modest fit or relaxed fit jeans. **NO SKINNY JEANS.**

**Shoes** – Any low-quarter athletic shoe, a **closed toe shoe with a back**, or the school uniform shoes. **No high tops, boots, or heels of any kind are allowed.**

## Cafeteria Volunteers

We can always use helping hands in our cafeteria. Please see [THIS LINK](#) to volunteer to serve lunch. Parents and grandparents are welcome. The shift is from 10:30 - 12:30 and is a recurring monthly spot. Volunteers can start the week of **August 25th** and must have completed the child protection packet and background check. If you would like to get background checked, email our Office Manager, Bethany Richard, at [brichard@stalphonsusbr.org](mailto:brichard@stalphonsusbr.org) for more information.

## Free/Reduced Lunch

Students who qualify can apply for **free/reduced price school lunches**.

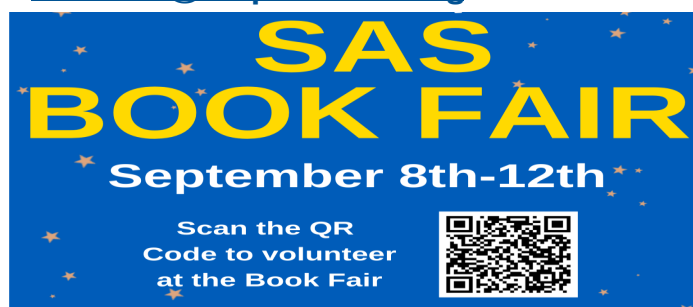
If your student received free or reduced lunches during the **2024–2025 school year**, that benefit will **carry over into August**. However, **you must reapply** for the **2025–2026 school year** to continue receiving benefits. Click [HERE](#) for more information.



## SAS Book Fair

The SAS Book Fair is scheduled for the week of **September 8th** through **September 12th**. The Book Fair supplements the library budget by allowing us to purchase books directly from the Book Fair and the Scholastic website. We are looking for a chairperson for Family Night, Book Fair chairperson(s), and Book Fair volunteers to assist with helping students make wish lists and select books. If you are interested in volunteering for any of the listed positions, please contact Amy Nicosia at [anicosia2@stalphonsusbr.org](mailto:anicosia2@stalphonsusbr.org).

Sign up [HERE](#) to  
Volunteer at the Book  
Fair!



## Beginner and Advanced Band



The St. Alphonsus Beginner and Advanced Bands will be forming in **September**. Band is open to 4th-8th grade students interested in learning to play an instrument in a group setting. Please click [HERE](#) for more information. Click on the link to register <https://payit.nelnet.net/form/Rt7ZWEFv>

## Forms

If you have not completed your **Parent/Student Handbook Agreement and Picture Release Forms**, please do so as soon as possible. Click below to access the forms.

[Parent/Student Handbook Agreement Form](#)

[Media Release Form](#)

## 2024-2025 Yearbooks



We have a limited number of **2024–2025 yearbooks** available for purchase. The cost is **\$48**.

If you **did not order a yearbook last year**, now is your chance to secure one before they're gone!

Don't miss out — order yours today!

Click [HERE](#) to purchase.



# Welcome to St. Alphonsus School

We're excited to give a warm welcome to all of our new and returning faculty and staff! Here's to a great year ahead!



**Annette Nicosia**  
2<sup>nd</sup> Grade  
Teacher



**Alice Frank**  
Certified Academic  
Language Therapist



**Katarina Frank**  
PreK3 Aide



**Ceci Hill**  
Dean of Students/Athletic  
Director



**Staci Wiles**  
Kindergarten  
Aide

**The Mission of  
St. Alphonsus  
Liguori  
Catholic School is  
to form students  
in the Catholic  
Faith  
spiritually,  
academically,  
physically, and  
culturally in an  
environment of  
academic  
excellence.**

## FRUITS OF THE SPIRIT PRAYER





# Join The HIVE - Support SAS Athletics

Click [HERE](#) to become a MEMBER

## JOIN THE HIVE

### ST. ALPHONSUS ATHLETIC BOOSTER CLUB

Membership includes:

- 1 year-long athletic pass
  - 1 Hive t-shirt
  - Additional passes for \$40 each
- \*HIVE members can purchase extra passes for family members.*

## Football

Come out and support our 7th and 8th grade football team this Saturday at Parkview Baptist.

*\*Players can wear their jersey to school with uniform bottoms on game days or on Fridays if they have a game on the weekend!*

## CRUSADERS FOOTBALL

Saturday, August 23rd  
**AT PARKVIEW  
BAPTIST**

- 7th and 8th grade play at 8:00 a.m.





# TIPS FOR HELPING KIDS WITH SEPARATION ANXIETY

## Symptoms of Separation Anxiety

- Feeling upset when it's time to separate from a caregiver
- Refusal to participate in activities without a caregiver
- Physical symptoms like stomachaches and trouble sleeping in the time leading up to a separation from a caregiver
- Worry that harm will come to the caregiver when they are gone

## What To Say

- "It's okay that you're worried."
- "I will be back when..."
- "While I'm gone, \_\_\_\_ will take care of you."
- "While I'm gone, you will get to\_\_\_\_."
- "I love you."

## Things To Avoid

- Avoid shaming your child for their separation anxiety. Try not to say things like "stop being a baby" or "big kids don't cry."
- If possible, stick with your decision to go. Canceling your plans so you can stay with your child may make their separation anxiety worse.
- Don't be dishonest about how long you'll be gone.

## What To Do

- Keep your goodbyes short and sweet.
- Practice separating for small amounts of time, and then build up from there.
- If your child is going somewhere, allow them to take a small object or photo that feels familiar.
- Create a consistent drop-off routine so they know what to expect.

## Other Tips To Try

- Get on the same page as the person who will be caring for your child. Work together to create a plan for your child.
- Try to manage your emotions and stay calm. If your child senses that you are feeling upset or worried, they may have a harder time calming down.
- If the separation anxiety continues or gets in the way of their ability to do the things they enjoy, consider getting help from a professional.



Here is some information and helpful tips if the goodbyes are still a little difficult in the mornings.

For more help and information, please email [mbueche@stalphonsusbr.org](mailto:mbueche@stalphonsusbr.org).

[Parent School Counseling Request Form](#)

[Elementary Student Check-In Form](#)

[Middle School Student Check-In Form](#)



# Welcome Back to School

The SAS Home and School Association is looking forward to serving you and your children this 2025-2026 school year. We cannot do this without your help! Our goal is to create a great year for all of our students and teachers while promoting a closer relationship between the school, home, and church. Your participation helps us to ensure a successful academic school year at all grade levels. As such, we are asking that you complete the signup below indicating where you may be able to volunteer by **August 29th, 2025**.

The Home and School board is busy coordinating various events this year and we cannot do this without your help! We are looking for some awesome volunteers to help chair some of our events. When signing up, please pay attention that you do not sign up to chair an event unless you want to.

Home and School will assist with all events but in order to add some new events, we need help chairing various events throughout the year. You do not have to be on the Home and School Board or a Room Mom to chair any events. Do know that if you sign up to chair an event, you will be expected to attend the event.

Included in this sign up is a request for volunteers to assist as Room Mother. Room Mothers assist the teacher as needed throughout the school year, coordinate with other classroom parents, assist with Christmas and Easter crafts (Pre K-5th Grades), arrange auction items for the St. Alphonsus Church Auction, etc. In order to be a room mother, you **must** meet the mandatory child protection requirements as outlined by the Diocese as instructed by the office. **Because spots are limited, signing up to volunteer does not guarantee a spot as Room Mom.** Please do not let this hinder you from volunteering, however, as there are many opportunities to volunteer in the classroom.

**There will be a mandatory Room Mom Meeting for those selected on Wednesday, September 17th.**

If you have any questions regarding any of these activities, please do not hesitate to contact us.

Click [HERE](#) to register

Thank you,  
Kourtney Rogers, President  
Cheree Case, Vice President  
Lacey Keller, Secretary  
Melanie Lejeune, Treasurer  
Tysha Reeves, Member At Large  
Casey Ebey, Member At Large





# #ADVENTUREON

## Cub Scout Pack 125


**Where:**  
Saint Alphonsus Catholic Church  
Parish Activity Center  
14158 Frenchtown Rd.

**Join Now!**

**Grades K-5**

**When:**  
Join Night is Tuesday August 26  
Weekly Gatherings are Mondays at 6:30 p.m.

Campouts   Pinewood Derby   Fishing Rodeos   Building Friendships   Lifelong Skills




### COME BY AND SEE US!

Email: [cubscoutspack0125@gmail.com](mailto:cubscoutspack0125@gmail.com)   Register Online with QR Code  
Call, Email, or Come By For More Information

Cubmaster - Corey Summerell

Cindi Schlatre - 225-261-4644



# WISDOM WEDNESDAYS

Don't miss this opportunity to learn about Catholicism.  
Together we grow in faith and love.

## FR. TAT HOANG

### "BECOMING MORE HOPEFUL THE METHOD: CARE"

## Parish Activity Center

|           |           |             |
|-----------|-----------|-------------|
| Wednesday | <b>27</b> | 6:30 - 8 PM |
|           | August    |             |

# HOPE

## YOUTH FEST

OUR LADY OF HOPE  
3167 Old 51 S. Osyka, MS

**OCTOBER 11, 2025**

**YOUTH GROUPS / CATHOLIC SCHOOLS**

**8TH - 12TH GRADE**

*Music by:*

**THE VIGIL PROJECT**  
MUSIC FOR THE CATHOLIC JOURNEY



Deacon Michael Parker



COLIN AND AIMEE MACIVER



FATHER PAUL GROS



KATHLEEN HIGGINS

**REGISTER: [WWW.OURLADYOFHOPEMS.COM/YOUTH-FEST](http://WWW.OURLADYOFHOPEMS.COM/YOUTH-FEST)**

# ST. ALPHONSUS

Don't miss the opportunity to learn about Catholicism.  
Together we grow in faith and love.

### THEOLOGY ON TAP

Sundays 6:00 -8:00 PM in the PAC  
(Nursery Available upon request)

Sept. 21. Deacon Don Allison  
"A Second Chance"

Oct. 26 John Fabre  
"Marian Apparitions"

Nov. 16 Fr. Miles Walsh  
"Heaven, Hell and Purgatory"

Jan. 18 Dr. Durwin Walker  
"Angels and Demons"

Feb. 1 Hunter Hardin  
"Eucharistic Miracles"

March 8 Deacons  
"Questions and Answers"

### WISDOM WEDNESDAYS

Wednesdays 6:30 -8:00 PM in the PAC

Aug. 27 Fr. Tat Hoang  
"Becoming more hopeful The Method: Care"

Sept. 10 Fr. Tat Hoang  
"Becoming more hopeful The Method: Share"

Sept. 24 Frank R. Campbell  
Suicide Prevention Presentation

Oct. 8 Fr. Tat Hoang  
"Becoming more hopeful The Method: Dare"

Nov. 5 Fr. Jason Palermo  
"All about Confession"


Dec. 3 Fr. Jason Palermo  
"Is the Mass based on the Bible?"

Jan. 14 Steve Whitlow  
"Overview Road to Emmaus the Mass"

Feb. 11 Rhett Covington  
"Why we do what we do at Mass"

**Special presentation:**  
**Monday, Oct. 13, 2025 at 6:30 PM**  
**Les Hausse "God and War: A study on the development of Catholic doctrine on war"**

Deeper Understanding   Pray Together   Faith Growth



225-261-4644   [www.alphonsus.org](http://www.alphonsus.org)



# HELP US SET THE EXAMPLE



## SAS DADS' CLUB

### Mission Statement

The SAS Dads' club encourages fellowship between the Fathers and Guardians of SAS students. The club supports the school and church in various capacities and provides an environment for men to: increase their knowledge and love of God and their Faith, to plan and host social events in order to foster authentic male friendship and camaraderie, help maintain the beauty of SAS campus through volunteer efforts, foster and reinforce the Catholic values being instilled in our kids by the teachers, admin and staff of SAS and to be of service to the SAS community through planned opportunities and when called upon.



**SCAN QR TO  
JOIN TODAY!**

### The **Strengths** of **Father Presence**

Children with involved fathers  
have a **strong foundation**  
for child well-being.



They are at **lower risk**  
for a host of **poor**  
**childhood outcomes.**



- ✓ Infant Mortality
- ✓ Low Birth Weight
- ✓ Emotional and Behavioral Problems
- ✓ Neglect and Abuse
- ✓ Injury
- ✓ Obesity
- ✓ Poor School Performance
- ✓ Teen Pregnancy
- ✓ Incarceration as Juveniles
- ✓ Alcohol and Substance Abuse
- ✓ Criminal Activity
- ✓ Suicide

**National  
Fatherhood  
Initiative®**

[www.fatherhood.org](http://www.fatherhood.org)

Source: National Fatherhood Initiative® 2024.  
Father Facts: Ninth Edition. Germantown, MD:  
National Fatherhood Initiative®.



# Calendar of Events

|     |           |  |
|-----|-----------|--|
| Aug | 15th      | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
|     | 16th      | <b>Back to School Breakfast</b><br>Fellowship, food, & introduction to the dad's club (9-11 AM)                |
| Sep | 27th      | <b>Mother/Son Event</b><br>Breakfast & games for mother's & sons. Dad's club will facilitate the event(9-11AM) |
| Oct | 18th      | <b>King's Men Tailgate</b><br>Lots of food and fellowship. Cookoff, cornhole, volleyball, etc                  |
|     | 24th      | <b>Hornet Run</b><br>Setup/Takedown/Lap markers/ spectators.   |
| Nov | 7th       | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
| Dec | 19th      | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
|     | 17th-19th | <b>Midterm Exams</b><br>Treats for middle school (11:30AM)   |
| Feb | 13th      | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
| Mar | 13th      | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
| Apr | 17th      | <b>SAS Field Day</b><br>Setup/take down/ Work Stations/Spectators  |
| May | 8th       | <b>Dads on Duty</b><br>Carpool & Mass (7AM)  |
|     | 20th-22nd | <b>Final Exams</b><br>Treats for middle school (11:30AM)   |